Earlier this year Health Education England (HEE) launched a Commission on the mental wellbeing of staff and learners [7] in the NHS. To inform this review it is crucial that the Commission hears the voice of those whose wellbeing has been adversely affected by workplace experiences in the NHS, as well as further engagement with a wide range of individuals and organisations to ensure that recommendations for change are focused on the day-to-day experiences of our staff and learners.

Ultimately this Commission is about ensuring that the NHS staff and learners are happy and feel fulfilled in
their work, that they look forward to going to work and are proud of the care they provide to their patient. There is good evidence that happy staff are more compassionate and provide safer care.

HEE recognises its central role in supporting the current and future workforce to deliver high quality safe care and therefore, is rising to this challenge to support the mental wellbeing of staff and learners in the NHS.

Professor Simon Gregory, Director & Dean of Education & Quality HEE (Midlands and East) said:

It is vital that staff feel they are supported and that employers have the right procedures in place to offer all the help that may be needed. The mental wellbeing of staff contributes positively to patient care so we must get it right.

So we want to hear from the whole range of stakeholders in the NHS workforce including students and learners, staff, educational and professional bodies, employers, patients and the public about the challenges within the system and find examples of good practice. We want to hear your views!

Visit our newly published portal [8] where you can find out how to engage and feed into this important wellbeing review.

Everyone get involved!

The more people are involved, the better the needs of the whole community will be reflected.

Share the project with fellow students, fellow post-graduate learners and colleagues from work.

The portal closes on the 7 November.

Have your say [8]

Have your say in our mental wellbeing review

Have your say [8]


Links
[5] https://www.hee.nhs.uk/about
[8] https://heewellbeingreview.commonplace.is/