

# Population Health Fellowship

## Brief Overview

Long Term Conditions and Prevention Programme

Population health is an approach aimed at improving the health of an entire population. It is about improving the physical and mental health outcomes and wellbeing of people, whilst reducing health inequalities within and across a defined population.

### Fellowship principles

- The National Population Health Fellowship is a multiprofessional programme provides a foundation for professionals working in the health and social care sectors to contribute meaningfully to population health approaches.
- The aim of the programme is to develop a sustainable model for increasing the number of clinical practitioners who have the skills and capabilities required to improve health outcomes and wellbeing, prevent long-term conditions, and reduce health inequalities.

### Fellow experiences:

- Population health skills are highly sought after, and numerous fellows have since progressed to population health roles.
- The third cohort commenced in September 2022.
- For a flavour of the work undertaken by previous fellows there is a range of resources available:
  - [Fellows' project summaries](#)
  - [Blogs](#)
  - [Podcasts](#)
  - [Case Studies](#)
  - [Fellow Interviews](#)
  - [Fellowship newsletter](#)

### Timeline (Cohort 4)



### Who is eligible?

- The fellowship targets early to mid-career professionals from the health and social care sector, including local authorities
- Please see the Rough Guide for all eligibility information (Available under 'Related Documents' on the [fellowship webpage](#))
- In the cohorts so far we have had fellows from nursing, midwifery, medicine, pharmacy, dietetics, and many more.

### Fellowship structure

- The fellowship is a year-long part-time fellowship, which is 2 days a week, alongside the substantive post.
- Fellows will be working on a population health project at a host organisation.
- The placement will be supported by a formal taught learning programme, which will consist of virtual contact days and e-learning modules via the [Population Health Toolkit](#) on the e-Learning for Healthcare (elfh) platform.
- The learning programme covers a range of topics including, Principles and practice of Public Health; Behaviour Change; Using data; Critical Appraisal; Fundamentals of epidemiology and stats.