

## North West Streamlining Success Stories

- **Workstream:** Non-core: Training
- **Sub Region:** Greater Manchester



## Prevention and Management of Violence and Aggression (PMVA) Group

### Why was this group set up?

The North West Streamlining Team have closely supported this group which was established by two large mental health trusts in Greater Manchester, enabling them to standardise training around restraint techniques.

In the past, training in physical intervention and restrictive practices used on adults, older adults, children and young people varied widely across Greater Manchester. This meant that when NHS employees moved between trusts, they often had to repeat training courses – some up to five days long. In addition to the financial implication, this lack of consistency also increased the risk of injury and anxiety for service users and staff.

### What was the aim?

Set up by Greater Manchester Mental Health NHS Foundation Trust and Pennine Care NHS Foundation Trust, the objective of the PMVA Group is to normalise values and approaches to restraint and to create a standard training programme for staff in both trusts.

The North West Streamlining team facilitated the PMVA sessions, supporting the group around benefits realisation and providing an external perspective which kept the group focused on its overall strategy.

### What has been achieved?

**“The streamlining programme has been a big help for bank staff who work across trusts. We don’t have to repeat training for them which can add up to a considerable amount.”**

– Chris Heath, Violence Reduction Manager, Pennine Care NHS Foundation Trust

A gap analysis was conducted across all training levels and incoming trainer standards were also audited. For the first time ever, a child and adolescent mental health services (CAMHS) training course will now be run, ensuring consistency around restraint practices used on children and young people across both trusts. In addition to this, a joint syllabus and restrictive framework training manual has been created, including a comprehensive collection of hold technique photos.

### What about the future?

The PMVA Group want to use their model to standardise training across many new areas:

- Clinical holding to support clinical intervention
- Restraint techniques in care homes
- Physical intervention procedures for hospital security guards

### Want to find out more?

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