

2016-2017 Projects supported by Health Education England working across Kent Surrey Sussex



Kent Community Health NHS Foundation Trust is the part of the health service in Kent that helps people with a learning disability.

Kent Community Health



We did some projects in 2016 and 2017 to try and make things better for people with a learning disability.

To do the projects we used some money from a group called Health Education England Kent Surrey and Sussex.



If you have any questions about our projects we'd be happy to talk to you – you can email <u>kcht.clinicalsupportteam@nhs.net</u>

There were 4 projects:



Data intelligence project

We wanted to find out more about the health needs of people with a learning disability in Kent.

Data intelligence is collecting information. We collected information about people's health needs.



Workforce training project.

We wanted to find out what training our health service staff need so they can work really well with people with a learning disability in the future.

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The Health Equalities Framework

It's a form we fill in to try and check we are doing a good job making sure people stay healthy.

We wanted to find out more about if it checks what we want it to check.

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The Anticipatory Care Calendar

It's a form and some training for care staff. It gets care staff to check people's health really well and know what to do if someone seems unwell.

We wanted to find out if we can use it in Kent.

Data intelligence project

What is it?



It shows us lots of information about people with a learning disability and what they need.

People who work for the health service looked at files for 1000 people.

They also looked at other things like documents and Health Equalities Frameworks.

What did we find out?



There are lots of people with lots of very different needs in Kent.

In different parts of Kent there are different needs.



Everyone with a learning disability in Kent needs a good service.

It is important to make sure people and their families are really involved in staying healthy.

It is important that health service staff give people the right service just for them.

Workforce Training Project

What did we do?



We asked our health service staff what they needed to learn.

We looked at all the new health needs for people with a learning disability in Kent.

We asked our health service managers what staff needed to know.

What did we find out?



We know we need to plan ahead to make sure we work well in the future.

Health service staff need lots of good training and support.

We know we really need staff to know lots about:

- Eating and drinking and swallowing problems
- Working with risks
- Communication

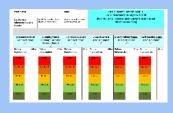
The Health Equalities Framework

What is it?



Sometimes people with a learning disability don't get the same health treatment as other people – it isn't fair.

We want to make things fair and we need to check we are doing it well.



The Framework tries to measure health so our health service staff can check we are being fair.

The Framework tries to measure health so our health service staff can make sure we are doing a good job.



We wanted to find out if the framework measures the right things to check we are doing our job well.

What did we do?



We looked at 2 other ways to measure health which we already know are good.

We compared them to the Health Equalities Framework. We did this 30 times



We talked together to make sure we agreed.

We used the numbers from our work to check the framework is measuring the right things.

What did we find out?



Our numbers showed us that the framework is measuring the right things.

When something measures what is supposed to measure we can all this VALID.



We are going to carry on using the framework. Next we are going to try and find out if we are all using it the same way.

The Anticipatory Care Calendar

What is the calendar?

It is for support workers to help people with health.

It helps support workers to check health every day.

It helps support workers know what to do if someone isn't healthy.

It means if you get ill, someone notices quickly and helps quickly.



Sue Marsden wanted people to use the calendar in South West Kent.

She showed some people the calendar and tried to help them use it.

People wanted to use it but it was hard .

You have to use a computer to learn about the calendar but it didn't work well.

No-one is using the calendar at the moment but lots of people want to have a try.

Sue is teaching Learning Disability nurses more about it.



She is working with the computer company to try to make it easier to use.

She hopes lots of people will use the calendar in the future.