

HEE CYP Programme e-LfH Guide

Overview

The guide is designed to provide an overview of all the e-learning packages that are related to Children and Young People. There are a broad range of programmes, modules and individual courses available. The guide is designed to collate these in one place for easy reference. Some modules and courses are contained within a programme that applies to a number of care pathways but elements of the programme are related to CYP. Some programmes are specific to Maternity. The following are grouped under a programme called Maternity and Newborn and can be found [here](#).

CYP e-learning programmes



Adolescent Health Programme

The Adolescent Health Programme (AHP) is an e-learning programme for all healthcare professionals working with young people. It is the third programme in the Healthy Child Programme 0-18 series of e-learning resources, following the Healthy Child Programme and Healthy School Child Programme.

<https://www.e-lfh.org.uk/programmes/adolescent-health/>



Ages and Stages Questionnaire

The three-part e-learning module, 'Ages & Stages Questionnaires® and the 2-year review', is an interactive resource commissioned by Health Education England in partnership with the Department of Health and other professional bodies.

<https://www.e-lfh.org.uk/programmes/ages-and-stages-questionnaires/>



Best Start in Speech,
Language and
Communication

Best Start in Speech, Language and Communication

This programme aims to provide information and resources to help support those working with children and families on speech, language and communication development in the early years.

<https://portal.e-lfh.org.uk/Component/Details/682693>



Breastmilk Provision for Preterm and Sick Neonates

Breastmilk Provision for Preterm and Sick Neonates

This learning resource has been designed to improve education and training of all relevant staff in the support of breast milk provision for preterm and sick infants. The e-learning programme will also enable healthcare professionals to improve breastmilk provision rates at discharge from neonatal units. According to the National Neonatal Audit Programme statistics based on 2015-2016 data, 58% of eligible babies were receiving mother's milk, exclusively or with another form of feeding, at the time of their discharge from neonatal care.

The content is suitable for all professionals who work to support/contribute to improving breastmilk provision:

- Nurses and healthcare assistants
- Midwives and maternity healthcare support workers
- Medical trainees
- All medical staff

<https://portal.e-lfh.org.uk/Component/Details/478987>



Child Sexual Abuse Awareness

Seen and Heard is a joint initiative from the Department of Health, The Children's Society and NHS England. Focused on raising awareness of child sexual abuse (CSA) and exploitation (CSE), the e-learning course provides an authentic, child-centred perspective on abuse and exploitation. The message is clear – if abuse is to stop, children need to be both seen and heard.

<https://www.e-lfh.org.uk/programmes/child-sexual-abuse-awareness/>



Child Sexual Exploitation

The Child Sexual Exploitation e-learning resource and training film below have been developed to help health services staff to understand and help children and young people who are at risk or who may be affected by child sexual exploitation. The online learning tool, developed by Brook and funded by the Department of Health, will help healthcare staff in preventing, identifying and responding to child sexual exploitation.

<https://www.e-lfh.org.uk/programmes/child-sexual-exploitation/>



Childrens' Emotional and Additional Health Needs

The Children's Emotional and Additional Health Needs programme provides Continuing Professional Development (CPD) content comprising six e-learning sessions, as both a resource pack for face-

to-face training and as a learning resource, for Health Visitors and School Nurses. It focusses on early and co-ordinated support for children with emotional health and wellbeing issues, and additional or complex health needs.

The sessions provide an overview of common issues for children with complex/additional health needs and emotional health and wellbeing concerns. This enhanced learning will equip teams with the essential skills to deliver high-quality services and early help and support in these specialist areas.

<https://www.e-lfh.org.uk/programmes/childrens-emotional-and-additional-health-needs/>



Domestic Violence and Abuse

The e-learning sessions are intended for use by health visitors and nurses. The programme consists of four new introductory modules which have been updated and added in April 2020 following a refresh of the evidence, policy and legislation on domestic violence and abuse.

<https://www.e-lfh.org.uk/programmes/domestic-violence-and-abuse-e-learning-for-health-visitors-and-nurses/>



Early Development Support (HCP)

Early Developmental Support is a programme consisting of six e-learning sessions, each about 30 mins of study time, including self-assessments. The programme aims to provide essential information on supporting children/young people at neurodevelopmental risk due to disabilities or other challenges to development.

<https://www.e-lfh.org.uk/programmes/early-developmental-support/>



Healthy Child
Programme

Healthy Child Programme

The Healthy Child Programme (HCP) focuses on the health and well-being of children in the early stages of life from pregnancy through to the first five years of life. Combining expertise from a range of professions, the HCP aims to provide preventative services tailored to the individual needs of children and families and acts as a best practice guide for children's services. Based on a model of progressive universalism, the HCP seeks to provide for all children, with additional services for children and families with particular needs and risks.

The programme focuses on public health priorities such as obesity, breast feeding and social and emotional development. The e-learning programme is made up of 76 e-learning sessions. The e-learning resource will form part of a blended-learning solution to ensure that professionals acquire and maintain the skills needed to

promote the health and wellbeing of young children and pregnant mothers. The resource is designed to support the range of healthcare professionals involved in the HCP. These include health visitors, nurses, midwives, general practitioners, paediatricians and obstetricians, dieticians, and speech and language therapists.

<https://portal.e-lfh.org.uk/Component/Details/391363>



Healthy School Child Programme

The Healthy School Child Programme (HSC) is an e-learning programme for all healthcare professionals working with children aged 5-12 years. It is the second programme in the Healthy Child Programme 0-18 series of e-learning resources, including the Healthy Child Programme and Adolescent Health Programme.

<https://www.e-lfh.org.uk/programmes/healthy-school-child/>



Immunisation on
Neonatal Units

Immunisation on Neonatal Units

The session aims to support newly qualified/novice nurses, neonatal nurses, and other members of multi-professional teams to achieve knowledge and competence in the administration and management of neonatal immunisations, including vaccination for Respiratory Syncytial Virus (RSV). The e-learning session will be used as part of a blended learning approach as an adjunct to face-to-face teaching sessions, simulation and scenarios to facilitate reflection and real time feedback.

This session will discuss and review the issues surrounding vaccination of pre-term infants while resident on a neonatal unit. It will discuss issues around who can give consent while the baby is still resident on a neonatal unit, why it is important to administer routine immunisations at the appropriate time and within the schedule and when a delay in vaccination timing may be appropriate.

<https://portal.e-lfh.org.uk/Component/Details/442064>



Kidzmed

Kidzmed is a programme developed for members of the multidisciplinary team to teach children and young people how to swallow pills. It was set up at the Great North Children's Hospital, Newcastle, and has won the NHS Sustainability Award, the HSJ Value Award for Pharmacy and Optimisation and the Bright Ideas in Health Award for Demonstrating an Impact upon Quality Improvement. The 15-minute e-learning session is for all health and care professionals who want to teach children and young people how to swallow pills using an evidence-based, six-step technique.

<https://www.e-lfh.org.uk/programmes/kidzmed/>



National Child Measurement Programme

This programme consists of five audio recordings that have been produced to support school nurses, their teams and other professionals delivering the National Child Measurement Programme (NCMP) to have supportive and constructive conversations with parents about their child's weight status. The recordings can be used in conjunction with the guidance outlined in NCMP: a conversation framework for talking to parents and Annexe 1- common queries and challenges.

<https://www.e-lfh.org.uk/programmes/national-child-measurement-programme/>



Paediatric Surgery

This project aims to provide an overview of paediatric surgery to healthcare professionals working in primary, secondary and tertiary care involved in the surgical care of children. The 32 sessions across three modules cover a broad range of topics and are presented in a structured and interactive manner designed to focus the learner on key objectives within each subject.

<https://www.e-lfh.org.uk/programmes/paediatric-surgery/>



Paediatrics

This is a series of four e-learning courses on cardiology, diabetes and endocrinology, respiratory paediatrics and paediatric palliative care. They have been developed to help improve care and will be useful to all healthcare professionals who work with children and young adults. This includes paediatricians in all training and career grades, paediatric advanced nursing practitioners, GPs and GP trainees, ED staff and community healthcare workers.

<https://www.e-lfh.org.uk/programmes/paediatric-e-learning-programme/>

Respiratory Surge in Children
Enhancing capability in the care of the unwell child



Respiratory Surge in Children

The Respiratory Surge in Children programme aims to support the cross-skilling of the National NHS workforce to manage:

- existing demand in children;
- potential future spikes in demand as a result of RSV and other respiratory illnesses in children; and
- longer-term increasing clinical acuity in children

<https://portal.e-lfh.org.uk/Component/Details/708637>



Safeguarding Children and Young People

Delivered by Health Education England e-Learning for Healthcare (HEE e-LfH) in partnership with the Royal College of Paediatrics and Child Health (RCPCH), the Safeguarding Children and Young People programme aims to meet statutory training requirements so that healthcare providers can ensure their teams are up-to-date with the issues surrounding Child Protection.

<https://www.e-lfh.org.uk/programmes/safeguarding-children/>



Small Wonders

Small Wonders e-learning programme comprises seven succinct sessions developed for neonatal health care professionals and anyone coming into contact with neonates and their families. The programme is designed to optimise professional competencies by enhancing your understanding of the neonatal journey from a parent's perspective. This includes: a review of the role of lactation physiology in expressing and getting to volume in neonatal care; how to involve parents as partners in care in the neonatal journey; how to support the transition to babies' feeding independently; how to support parents as they transition to a new unit or home; and how to support neonatal baby loss with its unique challenges in bereavement. This learning reflects best practice and is consistent with an increased awareness of the positive impact that good family-centred neonatal care can have on the mental health and wellbeing of entire families, not solely the physical wellbeing of the baby.

<https://www.e-lfh.org.uk/programmes/small-wonders/>



Working with Families to transition from neonatal units to home

This session aims to raise awareness of the health visitor's role in supporting sick and preterm babies. It is intended to complement existing e-Learning for Healthcare training programmes, which will be referred to during the session.

<https://www.e-lfh.org.uk/programmes/working-with-families-to-transition-from-neonatal-units-to-home/>

e-Learning programmes that contain courses or modules associated with CYP

The following are courses/modules are part of larger programmes that apply to multi-professional care pathways. There are elements that are associated with a CYP care pathway but can be also applicable to other care pathways.



Female Genital
Mutilation

Female Genital Mutilation

The FGM course is designed to improve the knowledge and awareness of FGM amongst healthcare professionals. The e-learning resource focuses on issues related to health, legal status and referral pathways. The sessions are knowledge based and will provide practical support to healthcare professionals facing challenges such as how to approach a conversation about FGM

with patients.

<https://portal.e-lfh.org.uk/Component/Details/390864>



General Practice

General Practice

Children and Young People: Neonates and Infants and Women's Health: Conception and Pregnancy

Most care of children is delivered by Primary Care professionals. The care of children in General Practice is concerned with the health of infants and children, their growth and development and their opportunity to achieve full potential as adults. GPs need to be effective at recognising and dealing with any safeguarding issues. This module looks at the issues facing neonates and infants including common neonatal problems. It also deals with neonatal assessment and examination.

<https://portal.e-lfh.org.uk/Component/Details/457637>

<https://portal.e-lfh.org.uk/Component/Details/392845>



Making Every Contact
Count

Making Every Contact Count

Making Every Contact Count is an approach to behaviour change that utilises the millions of day-to-day interactions that organisations and people have with other people to support them in making positive changes to their physical and mental health and wellbeing.

Making Every Contact Count enables the opportunistic delivery of consistent and concise healthy lifestyle information and enables individuals to engage in conversations about their health at scale across organisations and populations.

Drawing on behaviour change evidence, the approach maximises the opportunity within routine health and care interactions for a brief or very brief discussion on health and wellbeing factors.

<https://portal.e-lfh.org.uk/Component/Details/432821>



Mental Health
Awareness
Programme

Mental Health Awareness Programme

Mental health problems are very common and NHS staff would benefit from greater awareness, as people with poor physical health are more likely to experience mental health difficulties. Equally, people with poor mental health often also have poor physical health.

This short programme aims to raise the awareness of mental health amongst health care staff. It is designed to give a broad overview of what encompasses mental illness, the link between mental and physical health diagnoses and outline some possible treatment options. These sessions provide all staff working within health care with some general strategies to help support individuals who are worried about their mental health, and advice about where to find extra support.

Mental Health Awareness for Healthcare professionals <https://portal.e-lfh.org.uk/Component/Details/421625>

Mental Health Awareness for Emergency Medicine <https://portal.e-lfh.org.uk/Component/Details/422031>

Mental Health Awareness for Practice Nurses <https://portal.e-lfh.org.uk/Component/Details/443402>