## CAPITAL nurse



## **Case Study**

## **North Middlesex University Hospital**

"As preceptorship lead, I have designed a programme ensuring preceptorship is operating within the DH framework (2010) and the HE NCEL preceptorship guideline (2014). This includes:

- Protected time study sessions for preceptees
- Preceptor/preceptee meetings for support and to ensure preceptees are meeting their objectives
- Identifying all newly registered nurses requiring preceptorship and others for whom preceptorship is deemed beneficial
- Monitoring and tracking study day attendance and completion rates for all preceptees
- Identifying any development / support needs of preceptees through 1:1 career conversations
- Measuring the effectiveness and impact of preceptorship programmes on retention and staff engagement
- Preceptor specific study, support and reflection sessions. Preceptor of the year awards.

"I'm finding that having the protected time study days gives the preceptees a safe space for reflection and feedback. Feedback from preceptees has shown they have felt supported by their preceptors and ward staff. This means valued staff influences retention.

Tracey Webb, Preceptorship Lead North Middlesex University Hospital February 2018 Supported and valued staff equals better patient care

