



## **Case Study**

## **Preceptee in Primary Care**

"As I am a newly qualified nurse, senior nurses within the practice have been assigned as my preceptors and we have weekly meetings to discuss progress and any questions I may have, as well as official monthly meetings to set new targets for training and shadowing so that I can gradually train in different aspects of the role. We set realistic regular targets for different patient groups for me to shadow and get comfortable with and after this date as long as it is agreed between myself and my preceptor that I am ready, I will begin seeing these patient groups independently.

"I feel very well supported at every step and I don't feel pressured to see patients I don't feel I am ready to. It means that I feel more prepared and confident when I do see patients as I have had the training and have shadowed similar appointment types, as well as seeing them under supervision before it is agreed that I am ready to see them independently.

Bethany Buddery, Trainee Practice Nurse Herne Hill Group Practice, Lambeth December 2017 Vital for newly qualified nurses to provide solid foundations and key support for future practice

