

# Dr Katherine Peter

## Clinical Psychologist

- Qualified in 2007
- Took a break in 2015
- 60 days of updating
- Returned to practice in 2021



**“ I needed to be working again, it is part of who I am. ”**

I'd been a practicing psychologist for 8 years, but with small children I really felt I needed some time focussing just on them. It was five years later that I looked into getting back on the HCPC register. As part of the process I contacted the last Trust I had worked for.

The Trust were flexible and supported me to do two days per week on a voluntary basis to ease me back into the world of work, enabling me to prove to myself that I can juggle both work and homelife.

My manager encouraged me to apply for a Band 7 job vacancy, I applied and got the job, with my notification of being back on the HCPC register coming the weekend before I started my new role! The best thing about returning to practice has been the realisation that I can strike a balance between work and homelife that suits me.

## Where do I start?

The programme is here to support you. It is natural to feel apprehensive after time away from your profession.

To start you on your way:

1. **Scan this QR code** to visit our webpage:  
[www.hee.nhs.uk/AHPreturn](http://www.hee.nhs.uk/AHPreturn)
2. **Complete the Expression of Interest form** on the website
3. **Complete the survey** that will be emailed to you
4. **Receive a welcome email** from the programme with lots of information on how to get started

## Want to chat?

Email us at: [england.r2pahp-hcs@nhs.net](mailto:england.r2pahp-hcs@nhs.net)

**#iamreadytoreturn**

