

# Are you a Reservist? Are you interested in becoming one?

If you are a Reservist, or are thinking of becoming one, make sure your organisation's Armed Forces Champion knows so they can support you appropriately and offer help and advice.

## Information for Reservists

Your employer has a legal responsibility to ensure that its Reservist employees are supported throughout their military career and are obliged to provide employment for the Reservist when they return from mobilisation. You should have the same or equivalent role for a certain period, based on your continuous service in the organisation before mobilisation. The skills you have as a Reservist are transferable and could be beneficial to your NHS role and team ([NHS Employers, 2016](#)).

If you are a Reservist you should contact your Armed Forces Champion to find out how they can support you.

## Interested in becoming a Reservist?

'Medical Reservists play an essential role in the Armed Forces and bring a wealth of skills and experience to NHS organisations'. ([NHS Employers, 2016](#))

Reservists get the opportunity to travel, learn new skills, are paid and can gain both military and medical qualifications.

If you're interested in becoming a Reservist contact your Armed Forces Champion or visit [Army Reserve: questions and answers](#) on the GOVuk website.

## Contact details for your Armed Forces Champion

Name:  
Role:  
Email:  
Telephone number: