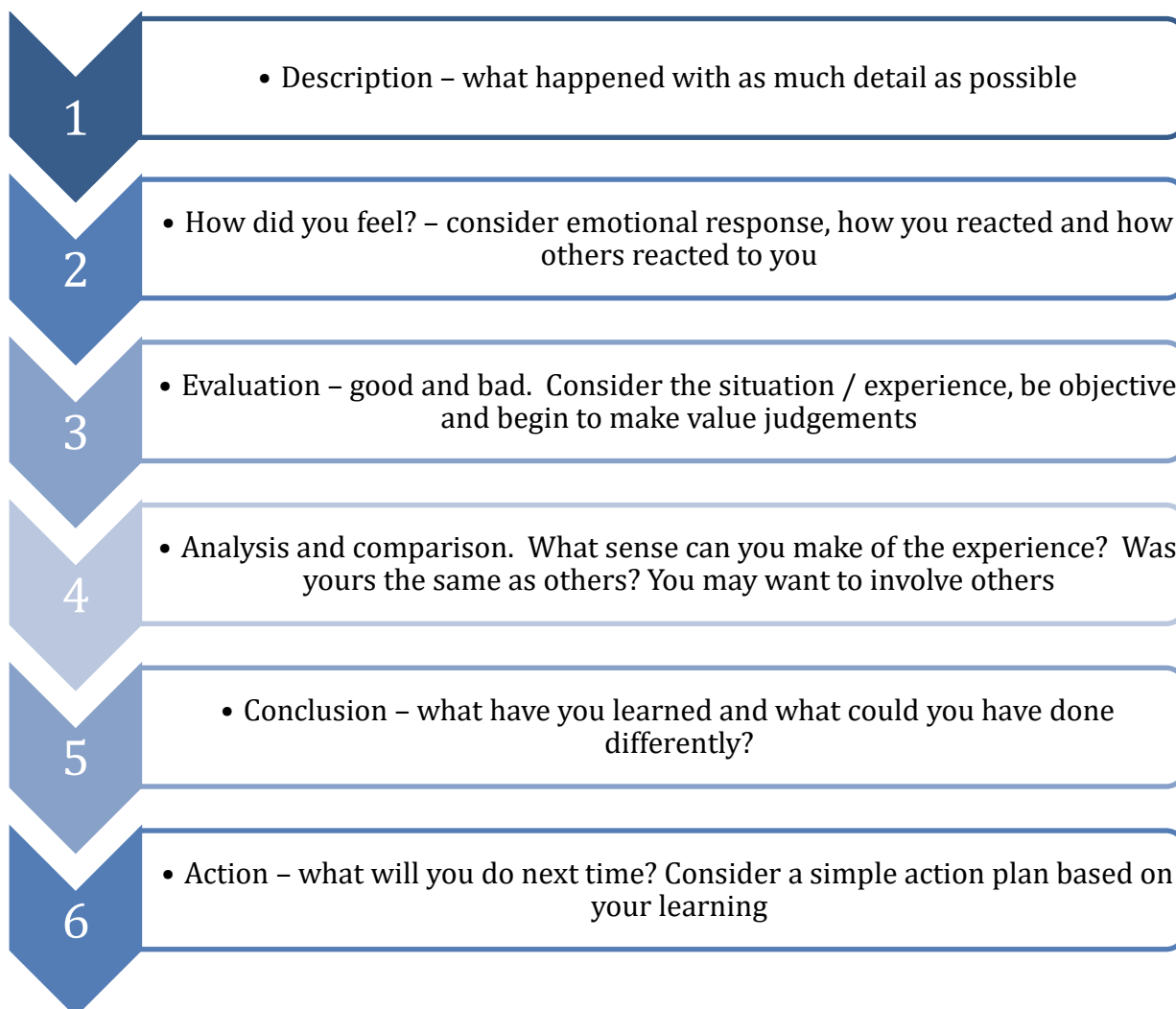


Reflection (Gibbs, 1988)

Gibbs developed a reflective model based on a number of different stages which were intended to promote deep reflection isolating feelings and slowing down the thought processes so that reflectors avoid jumping to conclusions.



Reference:

Gibbs, G. (1988) *Learning by Doing: A guide to teaching and learning methods*. Further Education Unit, Oxford Brookes University, Oxford

