

Southdown

Making Life Work



**HEEKSS funded epilepsy awareness and Buccal Midazolam administration 'train the trainer' project
Easy Read Summary**

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1.Introduction



Some people who have epilepsy need a medicine called Buccal Midazolam to stop their seizures (fits) going on and on.



It is dangerous if seizures do go on and on. Buccal Midazolam is given to someone with epilepsy when it looks like their seizures are going to go on and on.



It is given to someone in a syringe when they are having a seizure. It is put into their mouth and into their cheek.



There is lots of confusion about what training support workers need to have to give someone Buccal Midazolam. There is also confusion about what support workers need to do to become 'competent' (skilled) to give someone Buccal Midazolam. There is no guide telling us what we should do.



It can be very hard to get good Buccal Midazolam training.

The training can cost a lot of money but not be very good.



This is not good. It isn't good for people with a learning disability, and it's not good for staff.

Who are we?



Southdown provides housing and support to people in Sussex.



We support 212 people with a learning disability. They live in supported living or residential care services.






Just under 1 in 3 of the people we support has epilepsy.

18 people, living in 15 different services, have epilepsy **and** need to be given Buccal Midazolam sometimes.

2. What we wanted to do

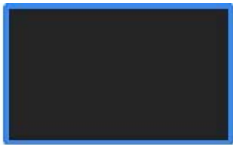
	<p>We wanted to have our own epilepsy and Buccal Midazolam training.</p> <p>We wanted to train some managers and trainers to be epilepsy and Buccal Midazolam trainers.</p>
	<p>We wanted the train the trainer courses to be 'accredited'.</p> <p>'Accredited' means that a national organisation thinks that the training is good quality.</p>
 	<p>We wanted the training we give to our support workers to be good training. It needs to cover training about epilepsy as well as how to give Buccal Midazolam.</p>

3. What we did

	<p>We talked to lots of people.</p>
	<p>We talked to the nurse at the Epilepsy Society.</p>
	<p>We talked to a chemist because chemists know about medicines.</p>
	<p>We talked to trainers at East Sussex County Council and colleagues who work in health.</p>
	<p>We read the old guide from the Joint Epilepsy Council.</p>



Then we made a plan.



To be epilepsy and Buccal Midazolam trainers, our managers and trainers had to

- Do an accredited **Medication Administration** 'train the trainer' course. (Medication administration means giving out medication)
- Do an accredited Epilepsy Awareness and Buccal Midazolam 'train the trainer' course
- Have a teaching qualification
- Have training each year to keep them up to date



We trained two trainers and two managers to be epilepsy and Buccal Midazolam trainers.

It was very hard doing all the home work they had to do. But 3 out of 4 of them did it!



One manager and one trainer left Southdown. We have one manager and one trainer left. They give staff epilepsy and Buccal Midazolam training and medication administration training.

We have planned new courses that are good quality.



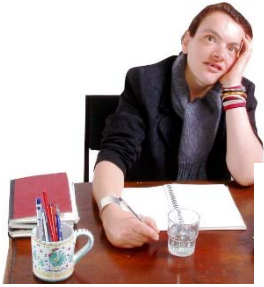
Staff practice giving each other a syringe full of water on the Buccal Midazolam course.



We changed our medication policy and some of our paperwork about epilepsy.



Staff who come on our medication administration course have to do a test. They can only support people with medication if they pass the test.



Two other services sent staff on the epilepsy and Buccal Midazolam training.

One service found the home work too much so they have not run any courses.



The other service did the home work. They now give their staff epilepsy and Buccal Midazolam training.

4. How did it go?



We ran 29 medication administration courses to 171 people.

We ran 17 epilepsy and Buccal Midazolam courses to 105 people



Epilepsy and Buccal Midazolam

- Staff and managers like the new epilepsy and Buccal Midazolam course.
- Staff said that they felt more confident after the training.



One support worker asked if we could show a film of seizures on the course. We have found a very good film to show on the course.



There is still confusion about training staff to give Buccal Midazolam



Medication Administration




- Staff and managers like the new course. It is more practical so staff know what they have to do






- Some staff found the test a bit scary.
- 11 staff failed the test. 10 passed 2nd time. One person didn't pass after a 3rd try so she cannot give people medication.



- 7 out of 9 clients liked the way a trained support worker supported them with their medication. 2 of the 9 told us how the person could do it better.

	<ul style="list-style-type: none"> • Staff who went on the new medication course made less medication errors. • There were less medication errors that could cause harm.
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5. What should happen next?

	<ol style="list-style-type: none"> 1. We need national guidance about training staff to give Buccal Midazolam.
	<ol style="list-style-type: none"> 2. What we did could work well for bigger services. It might not work well for smaller services because of all the home work.
	<ol style="list-style-type: none"> 3. How we did things could work for other health training support staff need.

We would like to thank HEEKSS for the funding that enabled us to do this work.

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Training providers used:

Epilepsy awareness and Buccal Midazolam administration Train the Trainer course and Education and Training Award Level 3 accredited with Open Awards:

Guardian Angel <https://www.guardianangelstraining.co.uk/>

National company that can deliver in-house. Open courses available - their main training venue is in Wigan.

Medication Administration Train the Trainer course and licensing: The Medication Training Company – accredited with the Pharmaceutical Society: www.medicationtraining.co.uk – based in West Sussex