

# Inclusion Health Education Mapping and Review: Professional Group Report

## Background

Inclusion Health Groups (IHGs) largely include populations experiencing homelessness, prison, people who sell sex and people with substance use disorders. More widely, IHGs include migrants, Gypsies and Travellers, and Roma. In recent years, the UK has seen rapid increases in poverty, homelessness, high imprisonment rates and drug-related deaths. Due to barriers in accessing scheduled care and support services, use of primary and preventative care by IHGs is low, while emergency healthcare use is high, and increasing. In combination with the acute and longer-term socio-economic impacts of COVID-19, and the disproportionate impact of the disease on BAME and vulnerable groups, the need for Inclusion Health and “Deep End” (deprivation health) education is needed.

During recent engagement work, concerns identified by patients with lived experience of exclusion have included:

- Incomplete and inconsistent assessments
- Little signposting to services such as housing, lack of planned follow up
- Negative attitudes and stigma
- The need for interprofessional practice (IPP)

Concerns identified by Staff include:

- Lack of training and resources
- Difficulties managing challenging behaviour and addictions
- Feeling frustrated and ill equipped to offer a thorough assessment and helpful interventions
- Difficulties engaging patients and understanding their behaviour
- The psychological challenges of occupational trauma
- Problems of stigma and discrimination from some staff

Evidence shows that where Inclusion Health education has been adopted, it has improved knowledge, skills, behaviour, and attitudes towards IHGs. Education has also been effective in reducing stigma and increasing screening and brief interventions in healthcare settings.

Other evidence suggests that with education and training, health care staff could increase their confidence to offer more interventions for patients, such as engaging them with substance misuse services, accessing support to navigate health and care systems, and facilitating access to primary care and referrals to community services such as mental health, housing, and benefits. These actions could improve quality of care and outcomes for some of the most vulnerable people in society.

## The Inclusion Health education map

The inclusion health education map is available from the [related documents section on the HEE website's mental health resources page](#).

Health Education England (HEE) want to make sure that staff have easy access to relevant and high-quality education in Inclusion Health. The aim of this work is to signpost staff to the best quality, free or low cost, useful and accessible education to build knowledge and confidence in the care of inclusion health groups.

This review of existing education in Inclusion Health evaluated the quality of education available and which professional groups they would be useful for. It also identified gaps and barriers to accessing education, such as pay walls. This work will also help HEE develop education to address the gaps in the existing provision and work with education providers to reduce barriers to access for key learning that already exists.

We have highlighted key educational resources in Inclusion Health for different professional groups, and separately published the full educational maps so you can further your learning or signpost your colleagues, students, or trainees. In some cases the educational resources recommended are formal CPD modules. In other cases this may be signposting to guidance, as this is the best resource felt to be available.

By completing the learning for your professional group, you will be issued a certificate of completion.

## **Top 20 for clinicians**

1. Fairhealth – Tackling Health Inequalities in Primary Care (free)
2. Fairhealth – Community is the best medicine (free)
3. Aneemo - Rough Sleeper Mental Health Awareness (free, for those that are not mental health professionals)
4. E Learning for Healthcare - Suicide prevention (free)
5. Fairhealth – Adverse Childhood Experiences (free)
6. RCGP learning – Alcohol Management in Primary Care (Part 1) (£30 or £25 each if taken with 7.)
7. RCGP learning - Drugs: Management of Drug Misuse (Part 1) (£30 or £25 each if taken with 6.)
8. Novel Psychoactive Treatment UK Network – Novel Psychoactive Drugs – 7 modules (free)
9. RCGP learning - Hepatitis B and C (free)
10. RCGP learning – Tuberculosis in primary care (free)
11. BMA Refugee and Asylum Seeker Health Resource (free)
12. Migrant Health website (free)
13. Aneemo - Working with Women with Complex Needs (£35)
14. Homeless Link - Autism and homelessness toolkit (free)
15. National Homelessness Advice Service - Understanding Homelessness Vulnerability (free)
16. National Homelessness Advice Service - Introduction to Housing Eligibility for Housing Assistance (free)
17. Fairhealth – Survive and Thrive at the Deep End (free)
18. Groundswell – Room to Breathe (free)
19. Queen's Nursing Institute - Food, nutrition and homelessness (free)
20. Queen's Nursing Institute - Oral health and Homelessness (free)

## **Top 10 for allied professionals**

1. Aneemo - Rough Sleeper Mental Health Awareness (free)

2. E Learning for Healthcare - Suicide prevention (free)
3. Fairhealth – Adverse Childhood Experiences (free)
4. Aneemo - Working with Women with Complex Needs (£36)
5. E Learning for Health - Alcohol and tobacco brief interventions (free)
6. Homeless Link - Autism and homelessness toolkit (free)
7. Migrant Health website (free)
8. Friends, Families and Travellers – Online Cultural Awareness Training (£35)
9. National Homelessness Advice Service - Understanding Homelessness Vulnerability (free)
10. National Homelessness Advice Service - Introduction to Housing Eligibility for Housing Assistance (free)

### **Top 10 for other front-line workers (in health support roles)**

1. Aneemo - Rough Sleeper Mental Health Awareness (free)
2. E Learning for Healthcare - Suicide prevention (free)
3. Fairhealth – Adverse Childhood Experiences (free)
4. Aneemo - Working with Women with Complex Needs (£36)
5. Marie Curie et al – Homeless Palliative Care Toolkit (free)
6. Homeless Link - Autism and homelessness toolkit (free)
7. Migrant Health website (free)
8. Friends, Families and Travellers – Online Cultural Awareness Training (£35)
9. National Homelessness Advice Service - Understanding Homelessness Vulnerability (free)
10. National Homelessness Advice Service - Introduction to Housing Eligibility for Housing Assistance

The review group also identified good quality training that exists for subgroups of patients including:

- Gypsy, Roma and Travellers
- Migrant health
- Sex workers
- Prison health

These subgroup education maps will help you complete training relevant for caring for these populations.

### **Gypsy, Roma and Travellers**

1. Friends, Families and Travellers – Online Cultural Awareness Training (£36)
2. Friends, Families and Travellers Newsletter - <https://www.gypsy-traveller.org/>
3. Fairhealth – Adverse Childhood Experiences (free)

### **Migrant health**

1. BMA Refugee and Asylum Seeker Health Resource (free)
2. Gov.UK Migrant health guide: detailed information (free)
3. Migrant Health website (free)
4. Virtual College – FGM (free)
5. Virtual College – Awareness of Forced Marriage (free)
6. Doctors of the World – Safe Surgeries (free)

7. Patients not Passports (free)
8. WHO - Migration and health: Enhancing Intercultural Competence and Diversity Sensitivity (free)

## Sex workers

1. Aneemo - Working with Women with Complex Needs (£35)
2. Fairhealth – Adverse Childhood Experiences (free)
3. Fairhealth – Women’s Health
4. Aneemo – Trauma Informed Approaches (£35)
5. E Learning for Healthcare – Sexual Health and Reproductive Health
6. RCGP learning - Drugs: Management of Drug Misuse (Part 1) (£30)

## Prison health

1. Russell Webster Newsletter - <https://www.russellwebster.com/>
2. Aneemo – Trauma Informed Approaches (£35)
3. Novel Psychoactive Treatment UK Network – Novel Psychoactive Drugs – 7 modules (free)
4. RCGP learning - Drugs: Management of Drug Misuse (Part 1) (£30)
5. E Learning for Healthcare – Supporting adults with LD at risk of behaviours that challenge (free)
6. E Learning for Healthcare - Mental health awareness for emergency medicine (free)
7. E Learning for Healthcare - Suicide prevention (free)
8. Aneemo - Working with Women with Complex Needs (£35)

## Relevant Clinical Networks and Websites

In addition to the CPD available above the following free to join clinical networks / newsletters and free website resources are recommended:

### Clinical Networks

- Faculty of Homeless and Inclusion Health  
<https://www.pathway.org.uk/faculty/>
- Queen’s Nursing Institute Homeless Health Programme  
<https://www.qni.org.uk/nursing-in-the-community/homeless-health-programme/>
- London Network of Nurses and Midwives Homelessness Group  
<https://homeleshealthnetwork.net/>
- Frontline Network  
<https://www.frontlinenetwork.org.uk/>
- Asylum Support Advice Network  
<https://www.asaproject.org/about/asylum-support-advice-network>
- Friends, Families and Travellers Newsletter  
<https://www.gypsy-traveller.org/>
- Russell Webster – Criminal Justice Newsletter  
<https://www.russellwebster.com/>

## Web links

<https://www.qni.org.uk/nursing-in-the-community/homeless-health-programme/>

The Queen's Nursing Institute has multiple training resources available via its Homeless Health Programme page some of which are profiled in this document.

<https://homeleshealthnetwork.net/>

The London Network of Nurses and Midwives have various resources hosted on its website, including past presentations to the network

<https://groundswell.org.uk/publications/>

Groundswell produces multiple learning tools looking at health issues from a client perspective which can be found in its publications section, including some that have been profiled in this document.

<https://cpag.org.uk/trainingevents/about-cpag-training-courses>

Low-cost training in benefits and welfare rights. Really helpful website, covering both facts on child poverty, and rights/areas in helping overcome it, alongside advice.

[https://england.shelter.org.uk/professional\\_resources/shelter\\_training/training\\_for\\_groups](https://england.shelter.org.uk/professional_resources/shelter_training/training_for_groups)

Shelter training, can be delivered on-line to small groups on housing rights, benefits and welfare rights. Provide lots of different sessions, tailored to the group's needs. Sessions include introductory teaching on homelessness and the welfare system, as well as more in-depth areas for those with high contact. They also have a session on motivational interview skills, which was an area recognised to have little eLearning on it.

<https://www.homeless.org.uk/events/onlinetraining>

Rolling programme of on-line training webinars with focus on homelessness – some focused-on health. May be free if you become a Homeless Link member. Currently offering 11 online seminar sessions. All are taking place in real time, so could be difficult to access, but all free! Sessions covering lots of different content, some in particular seem especially useful for keyworkers- for example there's one in January on building resilience, but also some on supporting people into education and employment. Some clinical topics available including autism, safeguarding etc.

<https://www.aneemo.com/courses>

Low-cost training with a particular focus on homelessness and psychological trauma. Aneemo are offering a good array of courses on-line, that could be a useful addition to some of the eLearning - such as working with women experiencing complex needs, positive behavioural support: managing behaviours that challenge, and boundaries and disclosure.

<https://www.annafreud.org/training/>

Low-cost training on mentalisation and other therapeutic approaches to psychological trauma. Offer very specific, longer courses in mental health. Also cover motivational interviewing, but not much eLearning in that area. As courses are specific, there are different ones that would be

useful to different areas of inclusion health. For example, some of their training is on self-harm, and other is for those who work with children who have undergone trauma.

<https://www.nrpfnetwork.org.uk/training>

Low-cost costs on the law in respect to working with NRPF. Offers a few courses covering elements of 'no recourse to public funds'. Not covered adequately in training of medical professionals, and very necessary knowledge. Also advice line.

<https://www.womensaid.org.uk/what-we-do/training/cpd-courses/>

Low-cost courses on issues such as domestic abuse, coercive control, and living without immigration status in the UK. Some particularly useful courses in inclusion health- such as supporting refugee and asylum seekers who have experienced sexual violence, FGM, domestic violence and immigration status, and honour-based violence.

<https://www.smmgp-fdap.org.uk/free-resources>

One webinar that would be particularly useful for pharmacists to use- setting up services for those reliant on prescription and over the counter medications. I can imagine it would also be useful for GPs to be aware of.