

Making a difference as a Nursing Associate

Julie Houghton, a trainee Nursing Associate at Cheshire and Wirral Foundation NHS Trust talks about the desire to deliver high-quality patient care and the support she has been given to realise her ambition to become a Nursing Associate.



Coming from a background where higher education was not an option after leaving school, I never thought that I would be given the opportunity to study at university and develop myself in this way.

In 2011 I decided that I wanted a change in direction in my work life and gained a job in Broxton Community Care Team, working with the district nurses.

Cheshire and Wirral Partnership NHS Foundation Trust has opened so many doors for me and given me great training and support I have needed.

The trainee Nursing Associate role means I am able to develop myself and feel that I am making a difference to the provision of excellent patient care.

I feel that I am not only doing this for myself and family, but other healthcare support workers who for whatever reason did not have the opportunity to study and progress. I am really looking forward to being involved in all my placements and understanding all aspects of the Nursing Associate role.

Julie.