

International Podiatrists Programme



Region Profile:

Lancashire & South Cumbria

About Lancashire

Lancashire is located in North West England, local cities and towns in the area include Lancaster, Preston, Blackburn and Blackpool. With its distinct landscapes, diverse heritage and plentiful food and drink, there is something for everyone in Lancashire.

Enjoy spectacular views, quiet lanes, unique wildlife and famous Lancashire coastline. From the rich wildlife of Morecambe Bay to the flat, coastal plains around the Ribble Estuary. There is the world-famous seaside town of Blackpool with the iconic Blackpool Tower and Outstanding Natural Beauty which is the Forest of Bowland, visitors to Lancashire are truly spoilt.



Lancashire



Lancashire's emblem is the Red Rose of Lancaster.



About Cumbria

Cumbria is located in North West England, local cities and towns in the area include Barrow in Furness, Kendal and Carlisle along with the Lake District National Park, whilst Lancaster and Preston just over the border in the neighbouring county of Lancashire. With its distinct landscapes, diverse heritage and plentiful food and drink, there is something for everyone in the area.

Enjoy spectacular views, quiet lanes, unique wildlife and coastline. From the rich wildlife of Morecambe Bay to the majestic mountains and lakes in the Lake District and further north the county town of Carlisle with its castle and nearby ancient monument Hadrian's Wall which was built by the Romans to divide the countries of England and Scotland.

Cumbria in the UK.



Cumbria





Blackpool Teaching Hospitals NHS Foundation Trust Information and Relocation Pack



People Centred

Positive

Compassion

Excellence

About the Trust

Blackpool Teaching Hospitals NHS Foundation Trust is situated on the west coast of Lancashire, and offers a full range of district hospital services and community health services to a population of 1.6 million in Lancashire and South Cumbria.

The Trust provides services to the 440,000 residents of Blackpool, Fylde & Wyre and North Lancashire, as well as specialist tertiary care for Cardiac and Haematology services across the wider region.

We employ more than 6,500 staff, with a turnover in excess of £370m in 2014/2015 and have approximately 900 beds.

Our main activities are

- Cardiovascular care at our Cardiac Centre.
- Accident and Emergency at Blackpool Teaching Hospital
- Community Midwifery and Women and Children's Services.
- Clinical research with an 80-strong team of nurses and doctors
- Community nursing and school nursing
- Recovery and rehabilitation for a variety of conditions including brain injury, stroke and elderly care.
- Sexual health and family planning services
- Wellbeing and lifestyle including mental health services, heart health campaigns, and smoking



Our Testimonials....



When I first come to Blackpool in 2002, I never had experienced in nursing. In 2004 when my youngest came, I have decided to try another career, as I was working 5 days in the office as an admin and payroll officer. I started my nursing career in an agency and work in the community where I was given the opportunity to train to be a carer/healthcare assistant. Eventually I did have the opportunity to work in a nursing home and rest home. My wife who is also a Filipina nurse and have been working for the trust persuaded me try to work for the Trust, and luckily I was given the opportunity to work here...the rest is history.

When I started work at Blackpool I Very much felt welcome, all of the staff and managers were very supportive...they even recognised my hard work...thanks!

I have found the Trust very supportive and I was lucky to be able to be seconded as an assistant practitioner; all of my colleagues have been very supportive to me during my 2 years of university.

When my wife and I came to Blackpool in the early years the support given to us was brilliant. From settling to our new accommodation to guiding us to where to shop and bank, etc.

I still enjoy my role today; this is one of best the Hospitals in the UK!!!! I would recommend family and friends to come and apply to work at Blackpool.

Our Testimonials....



The welcome we had when we finally came to Blackpool was like no other; very warm and sincere. We were met and greeted at Manchester airport by Helen Knowles (Overseas Recruitment Lead) and she has been with us through every step of the way. The hospital accommodations provided for the first few months, it was like our first home and was perfectly suitable and well-located. I remembered being toured not only around the hospital but also around Blackpool, to show us where the nearest shops were, church, post office and some local attractions. They even went out of their way to accompany us to the nearest Tesco for our first big shop for food and supplies.

The Blackpool Filipino Community have also warmly welcomed us and supported us well throughout. It's like being home, away from home.

I had two years' experience working in a busy medical ward at a tertiary hospital before leaving the Philippines to work in the UK, but had about 15 months experience when I started the registration process for the recruitment agency.

When I started, I was employed at the Medical Short Stay Ward of the Unscheduled Care Division. After 18 months, I moved to the Acute Medical Unit, where I have gained so much relevant medical experience which prepared me for my role now as Nurse Practitioner. I enjoy new challenges and quite like the buzz of the Acute Medical Unit. No day is the same, and to me that keeps it interesting.

I would definitely recommend working at Blackpool. It has been the best move I have made so far. Working in Blackpool has opened so many opportunities for me in terms of career progression, travel and a healthy work life balance!

Our Testimonials....



I was working as a Staff nurse in the Philippines for a little over 2 years when I found a flyer off the floor advertising about an opportunity to work in the UK. On an interesting note, this was just weeks before I was about to resign as a staff nurse in the hospital I was working in at the time and was ready to turn my back on nursing altogether... more on that later...

I would definitely recommend working in Blackpool Victoria Hospital. The people are nice, you are properly looked after and most importantly, you are supported and encouraged to pursue your career goals. In fact, out of the 12 nurses who came here with me from the Philippines there are still 9 of us working here and we have all progressed in our respective careers. I can see myself working here in Blackpool for a long time and I would encourage anyone looking to work in the UK to come and see what this hospital and this wonderful british seaside town has to offer. What's more the cost of living is comparatively lower than if you were to work in a big city like London or Manchester which anyway you could just go and visit on your days off. There are also very nice and interesting places around the North West of England like the Lake District or North Wales which is just a short drive or train ride away, and because it's just an hour away from Manchester and Liverpool Airport, travelling to other parts of Europe is also very easy. I myself have been all over Europe and it is not uncommon to have 2-3 holidays in a year. That's because, working for the NHS, you are entitled to a very generous 6-7 weeks annual leave every year. I try to go back to the Philippines every other year to visit family and friends but Blackpool is beginning to feel more and more like home for me now. In fact I will be eligible to apply for British Citizenship around the end of this year.

I am certainly glad I picked up that flyer from off the floor 6 years ago and rediscovered my calling as a Nurse here in Blackpool Victoria Hospital.

Preceptorship

Blackpool Teaching Hospitals NHS Foundation Trust offers a 12 month preceptorship programme providing support and guidance for newly registered healthcare practitioners, facilitating the transition from student to practitioner.

We recognise that the transition from student to accountable practitioner can be a daunting, as well as an exciting time. Newly registered practitioners benefit from regular support by experienced practitioners during their first year of practice. Pivotal to this period of transition will be your 'Preceptor' supporting and guiding you, who will be allocated by your line manager. The preceptorship coordinator is available to answer any queries about the programme and can help guide and support preceptees through their first year in practice.

For further information please contact Ellie (Preceptorship Coordinator) on one of the below methods of communication:

[email: Preceptorship@bfwhospitals.nhs.uk](mailto:Preceptorship@bfwhospitals.nhs.uk)

Telephone: 01253 957836 / internal extension 7836

Twitter: @PreceptorshipBT

Facebook: Preceptorship Coordinator



Blackpool's Surrounding Areas



Poulton Le Fylde

Named as the fifth most desirable place to live and work in the country. A bustling town in the day, you can pop into one of the many boutique stores and pick up a special treat, or sit in one of the small cafes for a spot of lunch.



Lytham St Annes

Voted Top 10 Place in the North West to live, also a great place to come and visit. Experience exhilarating walks in the winter, nostalgic seaside fun in the summer, a feast of festivals and events to see you through the year.



Wrea Green

The village has won "Lancashire's Best Kept Village" award on numerous occasions and is one of the prettiest and most active in the county.



Fleetwood

The Victorian town of Fleetwood, in Wyre, is nestled at the meeting point of the majestic River Wyre and the Irish Sea and with its long stretch of sandy beach, it's a popular seaside destination for families.



Contact Us

By Phone: 01253 957001
By Email: Recruitment@bfwhospitals.nhs.uk
By Post: Recruitment Department
Blackpool Teaching Hospitals
NHS Foundation Trust
Whinney Heys Road
Blackpool
FY3 8NR

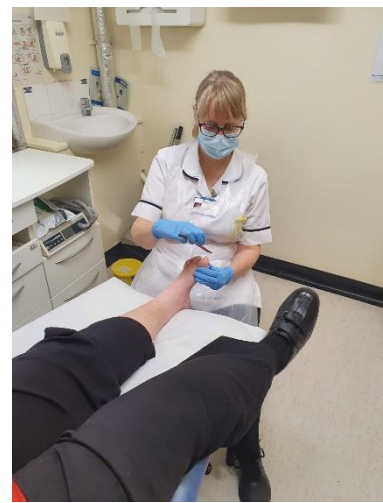
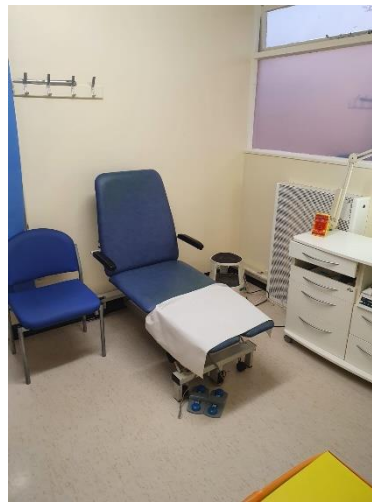
To find out more visit: <http://jobs.bfwh.nhs.uk/>

Or scan here:





Podiatry Services at LSCFT

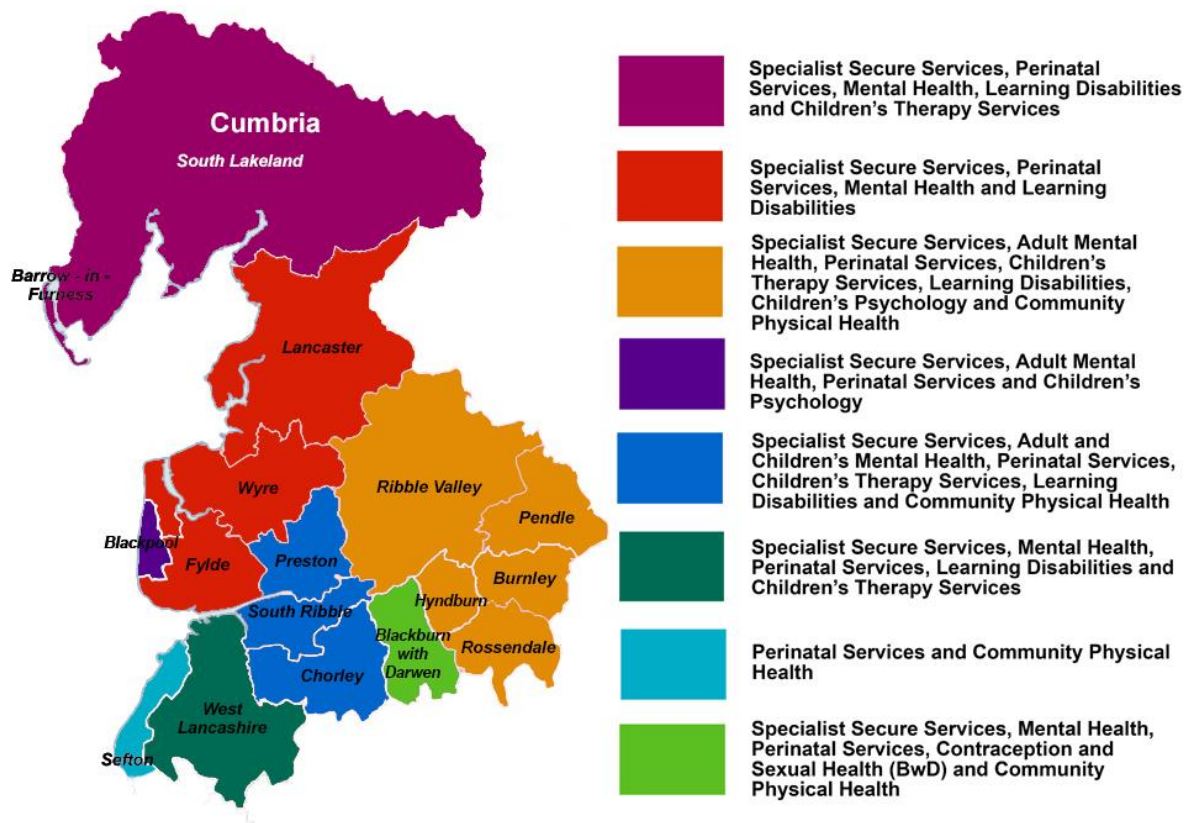


About the Trust

The Trust provides service to meet the physical and mental health needs of the population of 1.8 million adults and children living in Lancashire and South Cumbria. Services provided include community nursing, health visiting, and a range of therapy services, podiatry and dietetics. Wellbeing services provided include smoking cessation and healthy lifestyle services. The Trust also offers secure, perinatal, inpatient and community mental health services, including services for children and young people and people with learning disabilities.

As of March 31, 2020 employed 6,342 staff across more than 400 sites. Staff work with a multitude of partners and provide care and support in a range of settings.

The Area covered by the trust is shown on the picture below. Podiatry is provided in the blue and green area of Lancashire.



LSCFT Strategic Priorities

- We will put **SERVICE** users at the heart of everything we do, supporting effective care, recovery and wellbeing
- Employing and retaining the best **STAFF**, as our culture makes it an inclusive and supportive place to work
- Responding to peoples' needs by striving for the highest **STANDARDS** of quality across all of our services
- Valuing our partners by listening and collaborating effectively across the **SYSTEM**
- Delivering **SAFE** care by embracing a learning culture, ensuring we continually improve
- **SUSTAINABLE** services that deliver real value

Our Trust are also leading on change and improvements through Listening into Action, this is a system where everyone in the workforce has the ability and voice to make improvements to our service. For further information please see Trust communications.

Listening into Action



This booklet will provide an overview of service available within the local area and within Lancashire and South Cumbria Care, also how these would be accessed if required.

Testimonials



Nilu Moriangthem

“I am Nilu Moirangthem from India, currently working as a Registered Mental Health Nurse in Harbour Hospital under Lancashire and South Cumbria NHS Foundation Trust. I came in the United Kingdom on 28th of June 2021 for the first time. As covid cases were really high at that time due to government rule and as I came from a red list country, I have to quarantine for 10 days in London.

The Turs have organized everything from booking the tickets, quarantine hotel stay, covid test, coming here at my accommodation in Preston after the quarantine. So, I was not worried about anything even though I came to a foreign country. They contacted and guided me in each and every step until I reach here and pass my OSCE. After I have joined in my trust physically, I have been guided and helped by the staff of my trust in all the things like opening bank account, collecting BRP, induction training, OSCE training and support, etc. I felt very welcome and supported. There are challenges as I am new to the NHS and this Country in adapting the system here and I am not able to understand the different accents and slangs used here specially my work place. I told my colleagues about this challenges which I am facing and they have supported and included me in team meetings which make me feel that I am also a part of the team. In the future, I look forward to working with the NHS and I will also give my best in giving quality patient care. Thank you LSCFT for making me achieving my dream to work as a RMN in the United Kingdom.”

Podiatry Services in LSCFT

LSCFT provides podiatry services in two localities in Lancashire:

- Blackburn with Darwen, Lancashire
- Central Lancashire, which is made up of Chorley and South Ribble and Greater Preston.

Job opportunities will be available with the Blackburn with Darwen and Chorley and South Ribble teams.

Blackburn with Darwen, Lancashire

Blackburn with Darwen is a semi-rural unitary borough located in the east of Lancashire. It has a number of compact urban areas around the towns of Blackburn and Darwen which are surrounded by a number of small rural villages and hamlets, and countryside.

Blackburn with Darwen borders Bury and Bolton in the south, Chorley in the west, Hyndburn and Rossendale in the east and the Ribble Valley in the north.

The borough is well located with good transport and infrastructure links to the rest of Lancashire, Greater Manchester and beyond. Blackburn and Darwen are both served by the Clitheroe to Rochdale rail line. Blackburn is also served by the York to Blackpool line and the Blackburn to Manchester Victoria Line. The borough's road infrastructure allows good connectivity, with the A666 providing an access corridor to Bolton, Greater Manchester, Yorkshire and the Ribble Valley. The borough also hosts three motorway junctions of the M65 which provides quick access to Preston, Burnley and the rest of Lancashire, the M61, the M66 and the M6. Blackburn is 28 miles from Manchester International Airport (Manchester, UK). Blackburn also has its own professional football team – Blackburn Rovers, but is also surrounded by two local Premier League football teams within travelling distance in Manchester – Manchester City and Manchester United and other local North West Football clubs such as Bolton Wanderers and Preston North End.



We are
LSCft

Chorley and South Ribble, Lancashire

Chorley and South Ribble is between the towns of Blackburn, Lytham St Anne's and Chorley and the city of Preston. It covers the towns of Chorley, Walton le Dale, Bamber Bridge, Leyland and Penwortham, along with many smaller villages.

Chorley is a popular market town Just off Junction 8 on the M61, made famous by its splendidly tasting Chorley Cakes and markets. Within easy access of the M6, Chorley is within easy reach of cities such as Manchester and Preston and the airport. It is steeped in history and surrounded by beautiful countryside. It has a bustling town centre, historic halls, and pleasant parks and offers opportunities for carefree cycling, wonderful walks and adventurous activities, relaxing in peaceful countryside, exploring one of the traditional villages, or shopping at the famous Chorley Markets.

Leyland is the other major town in South Ribble, made famous by the trucks and buses built there and exported world-wide. Like Chorley, it is within easy access of the larger cities and airport, being just a short distance from junction 28 of the M6. If you prefer to use public transport, there are regular bus and train services to the town.

In Leyland you can visit one of a number of museums, parks and historic buildings, browse the local shops and market, relax in one of the friendly local cafes or pubs and sample the locally made ciders and beers.

The Podiatry Services

Both Podiatry Services offer a specialist service for people whose feet are “at risk” because of another medical condition. The aim is to prevent foot related issues. Priority is given to people who have been diagnosed with poor circulation, loss of feeling in the feet, or another medical condition which places them at risk of developing ulcerations, infections or other significant foot problems.

Our podiatry teams work in close partnership with other health professionals within the locality including GPs, community nurses, physiotherapists, occupational therapists and the local hospitals.

We provide services for patients who require the following podiatric interventions and work in multi professional and multi organisational teams as appropriate. The teams are research active, taking part in local and national research projects

- **At risk patients** (foot health at significant risk of ulceration / amputation) requiring highly specialist podiatric interventions
- **Wound care issues**; i.e. diabetic foot ulcers, pressure ulcers, non-healing foot wounds, specialist wound care skills of debridement and offloading casting devices
- **Nail surgery** interventions for acute/chronic nail conditions, i.e. ingrowing toenails either through nail assessments clinics or through our Assess and Treat Clinics.
- **Biomechanical assessment** for gait related problems presenting with painful symptoms which require orthotic interventions or exercise therapy.
- **Rheumatology Clinics** providing assessment, treatment, review, provision of orthoses / insoles.
- **Vascular assessments** for patients who require a vascular review due to compromised circulation or present with wounds
- **Diabetes Foot Care** Podiatrist will undertake foot assessments and treatment, planning and can refer patients to specialist education programmes. All of our specialist foot care clinics take part in the National Diabetes Foot Care Audit
- **Emergency Clinics** we offer emergency clinics for existing registered patients who develop problems between appointments and need urgent care/ interventions.



We are
LSCft

Preceptorship Programme

We recognise that the transition from student to accountable practitioner can be daunting, as well as exciting. To support you during your transition from student to registered clinician, Lancashire and South Cumbria NHS Foundation Trust has developed a 12 month preceptorship programme. This is a series of study sessions aimed at supporting your professional development in your first year. The preceptorship coordinator will contact you when you arrive to arrange for you to join the programme. They are also available to answer any queries about the programme and to guide and support you through your first year in practice.

You will also be allocated a “buddy”, a slightly more experienced clinician who will be available for support in your day to day work.

Alongside the general preceptorship programme the podiatry runs its own profession specific preceptorship programme which aims to develop your clinical skills in line with the services competency framework.

Service overview

The podiatry service within Morecambe Bay Hospitals Trust is part of the integrated Community Care Group, providing care for people with a wide range of complex foot conditions including those related to Diabetes, Peripheral vascular disease, foot ulceration and Rheumatoid arthritis. We run regular biomechanics clinics for adults and children and all podiatrists have access to a range of insoles and orthotics to treat and manage a variety of foot conditions.

The post is suitable for an experienced podiatrist looking to develop their skills and includes rotations through specialist clinics such as biomechanics, Diabetes and nail surgery. The successful applicant will be supported and mentored to enable professional development within the Podiatry service.

The Podiatry Service in Morecambe Bay provides care across a range of settings within the Morecambe Bay area including three main hospital sites and a variety of community settings. We have a large, supportive and very experienced team with a wealth of specialist knowledge and skills which are shared via clinical supervision, mentoring and regular in service training.

Main duties of the job

You will be responsible for delivering high quality podiatric care to a wide range of patients in a variety of clinical settings and locations including domiciliary, providing a comprehensive assessment of podiatric need, relevant health education, planned podiatric care packages and referral to other health care professionals as required. The ability to travel independently across the area is essential.

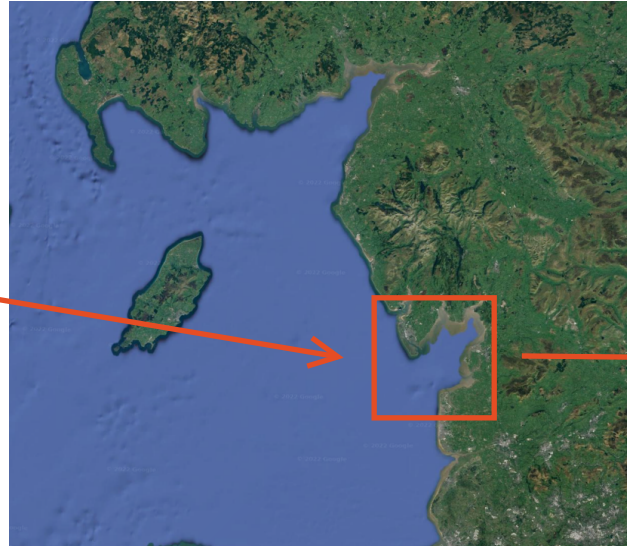
Our primary focus is to deliver quality, patient-centred care which is evidenced based and sustainable for the future in an ever changing NHS landscape. To achieve this, we aim to give you the opportunity to develop your skills in a supportive, dynamic and varied environment. We have a strong commitment to staff development and service improvement and provide regular clinical supervision and in-service training.

In this role you will be responsible for delivering a high quality, accessible and timely evidence based service for patients. Based predominantly within the community Podiatry service where you will be responsible for the provision of care to the increased/high risk caseload. You will need to be an excellent communicator and able to work independently and confidently.

Where are we?



Great Britain



North West England



Morecambe Bay

The North West of England is famed for its large cities such as Liverpool and Manchester, in addition to historic towns like Preston, Lancaster and Blackburn. Transport links are excellent, with the M6 motorway running north and south through the heart of the area and there are excellent bus and rail services.

The jewel of the North West is perhaps The Lake District, a National Park boasting stunning scenery, rugged fell mountains and market towns; Kendal, Keswick and Ambleside to name a few.

Morecambe and Blackpool are traditional seaside destinations, with beaches, fish & chips and plenty to see and do for all the family.

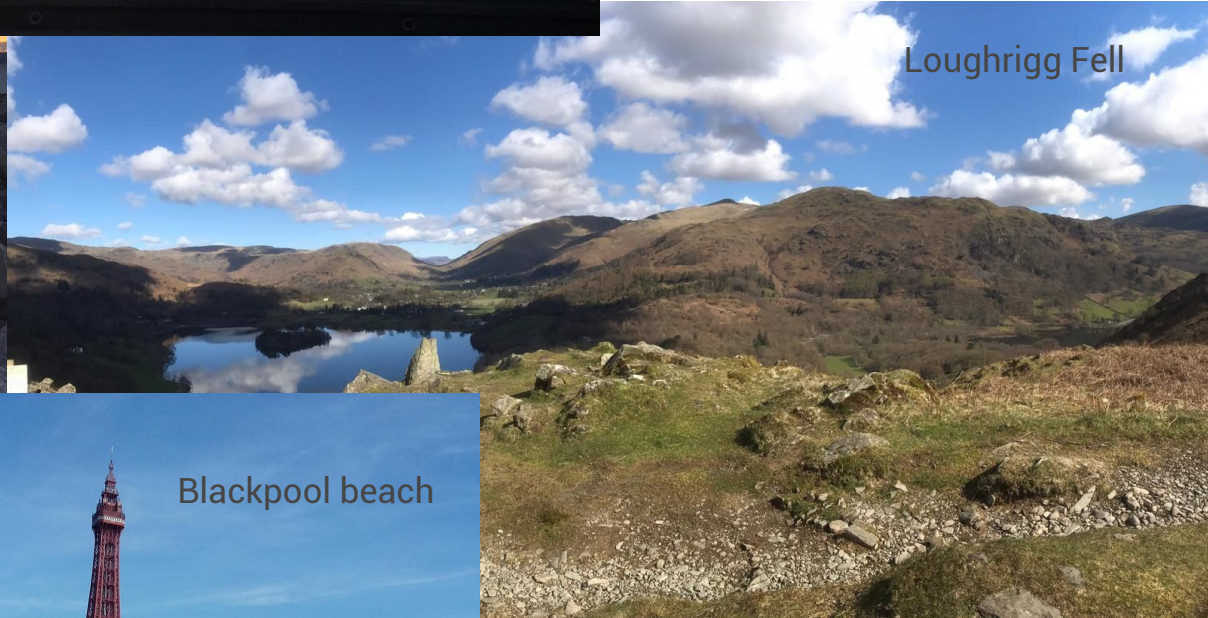
Stunning views across Morecambe Bay



Eric Morecambe statue



Loughrigg Fell



Lake District fell walking



Blackpool beach



Sunset from Morecambe
with Barrow in the distance

