



Oliver McGowan Mandatory Training in Learning Disability and Autism



This is our bid to run a pilot of the **Oliver McGowan Mandatory Training in Learning Disability and Autism**.



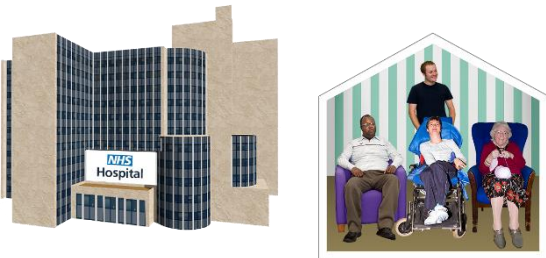
In this document we will show how we will make the pilot training happen.



We will also show how we are going to manage the training pilot.

### **Why do we want to run this pilot?**

We think the pilot will make health and social care services better.



We think this will lead to better health and care for people with a learning disability and autism.



### Who is this bid from?



A group of experts have come together to run the **Oliver McGowan Mandatory Training**



Everyone in our group has experience of working with people with a learning disability and autism or they have a learning disability or autism.

The organisations taking part include:

### Mencap

A leading learning disability charity.



**ACCESS  
ALL AREAS**



## **National Autistic Society (NAS)**

A leading charity for autistic people

## **Access all Areas**

A learning disability and autism theatre company.

## **Jeremy Harris,**

A trainer and parent with an autistic daughter.

## **Insight Autism,**

A training and consultancy company led by autistic people.

## **Be Well Education, Learning and Development**

A health and autism training company.

## **Carly Jones MBE,**

An autism advocate and trainer.



**The Royal College of Nursing (RCN),**

Who work with nurses in the U.K.



**The Challenging Behaviour Foundation,**

A charity that helps make life better for people with a severe learning disability who show behaviour that other people call challenging.



**Edge Training & Consultancy Limited,**

Who train health and social care workers about learning disability rights and the law.



All of the experience in the group will help us to design the training.



Everyone will be paid fairly for the work they do.



### Mencap

Mencap has delivered learning disability awareness training before to **1800 healthcare staff**.



The goal of the Mencap training was to change people's attitudes about learning disability.

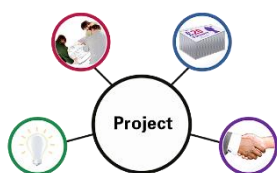
The Mencap training was very successful.



**98%** of people said the Mencap training made them want to change the way they care for people with a learning disability.







## National Autistic Society

The **National Autistic Society** have lots of experience delivering big training projects.






They have made resources for health and social care organisations about autism.

They have experience of delivering training about autism to **10,500 people** each year.

They campaign for the rights of autistic people and their families.

**Mencap** and **National Autistic Society** have worked with the government on training standards for healthcare staff.

These are called Core Capabilities.

  	<p><b>Who will this training trial be for?</b></p> <p>The training will be for health and social care workers.</p> <p>The type of training they will get depends on what job they have.</p>
 	<p><b>How will we make sure the trial runs well?</b></p> <p>Our pilot will have a steering group.</p> <p>The steering group will be made up of the organisations running our pilot.</p>



The steering group will be led by people with a learning disability and autistic people, their families and carers.



We will make sure that everyone has an equal say.



The steering group will make sure the training does what people with a learning disability and autism have asked us to.







It will make sure all of the experts are working well together.



It will make sure the training is inclusive



	<p>Reasonable adjustments will be made for steering group members with a learning disability and autism.</p>
    	<p><b><u>How will we get ready for the trial?</u></b></p> <p><b><u>1) Learning from past training</u></b></p> <p>We will start by looking at all of the past training done on learning disability and autism.</p> <p><b><u>2) We will look at research.</u></b></p> <p>We will use all this information to help us design the pilot training.</p> <p>The training will be designed by the all of the organisations working together.</p>



People with learning disabilities and autistic people will help design the training. This is called co-design.

### **3) Co-delivery of training**

Two trainers will deliver the pilot training.



One of the trainers will be someone who is autistic or has a learning disability.



We will make sure that everyone delivering the pilot training feels confident.



We will make sure people are supported



The pilot training resources will be accessible for people with a learning disability and autistic people.

We will pay everyone for the work they do.

### Training for Trainers

Everyone co-delivering the pilot will get special training to be a trainer.

This is called **train the trainers**.

The training will help people to feel confident to deliver training.

The training for trainers is based on **Training** that **National Autistic Society** have used before.

The **train the trainers** will be accessible for people with a learning disability and autistic people.








### **3) Oliver McGowan Mandatory Training Facilitator Training**

We will do some extra training for health and social care staff to help them deliver the mandatory training.

This is another example of train the trainers.

People will get a certificate for doing this training.

The certificate will mean they can deliver the Oliver McGowan Mandatory Training.

	
      	<p><b>What will the pilot training look like?</b></p> <p>The pilot training will be done in different ways.</p> <p>This is to make sure the training covers everything people with a learning disability and autistic people want it to cover.</p> <p>This will also make the training interesting for people taking part.</p> <p>Ways we will train include:</p> <p><b><u>1) Face to face</u></b></p> <p>Face to face training is delivered by a trainer in a classroom.</p>





Two trainers will deliver the training.



One of the trainers will be someone with a learning disability or an autistic person..

The face to face training will include lots of ways to make learning interesting:



- Classroom discussions where the trainers ask questions and people answer.



- Group work where people share their ideas.



**ACCESS  
ALL AREAS**

- Role plays where people act out different stories to show good and bad care.
- Films which show examples of good and bad care.
- People who are autistic or have a learning disability will talk about their experiences.

### **Training Films**

**Access all Areas** theatre group will make training films for the trial.

People with a learning disability and autistic people will tell Access all Areas what the films should be about.

The films will involve actors who are autistic or who have a learning disability or both.



The films will show examples of good and bad care.

People will be able to talk about what they have learnt after watching the films.

The films will cover different things, such as



- Reasonable adjustments which are simple changes that help people get equal care.



- How to recognise when someone is in pain.



- How to communicate with people with a learning disability and autism.

- The films will help people understand autism and learning disability better.



Understand

## 2) Videos that have already been made





Some organisations have already made videos about learning disability and autism.

We will use some of these videos in our training trial

Examples of these videos include:



A video made by an organisation called the **Paul Ridd Foundation** showing an example of bad healthcare.

   	<p><b>What resources will be made?</b></p> <ul style="list-style-type: none"> <li>• Learning resources and tools, for example films.</li> <li>• Lesson plans.</li> <li>• Training manuals, a manual is a book.</li> </ul> <p>All resources will be free to people receiving the training.</p>