

“You need to work hard, be organised and willing to develop your skills”

Nomsa Katso from south east London, recently graduated as a nursing associate and works for Central London Community Healthcare NHS Trust.

Here she talks about what motivated her to apply for training and what it takes to be a nursing associate.



“I heard about the nursing associate role from my employers. I was a healthcare assistant with district nurses in the community and wanted to develop my existing knowledge and skills further and develop a career path.

“I thoroughly enjoyed learning new skills, developing a better understanding of some of the tasks I may have been performing in the past and putting theory into practice.

“To be a nursing associate you need to be ready to work really hard, be committed, be well-organised, flexible and always wanting to continue with your own professional development. The role is generic so you can be very diverse in the clinical areas you may wish to practice in.

“Although the role is very new, and so not yet fully understood by patients and healthcare staff, I feel that given time, the nursing associate role will be hugely valued within the nursing profession. I know it will be incredibly helpful for me to achieve my aim of becoming a registered nurse.”

[More information about the Nursing Associate role is available from our Health Careers team.](#)

Further case studies are available from [Health Education England's website.](#)