NHS
Health Education England

Out of Programme Pause (OOPP)

How does OOPP differ from other OOPs?

Out of Programme-Pause (OOPP) differs from "out of programme-experience" (OOPE) because in OOPE, none of the experiences or capabilities gained whilst out of programme can be directly counted toward CCT.

The table below outlines the key differences between OOPP and other forms of Out of Programme initiatives.

Out of Programme Pause (OOPP)	Out of programme Training (OOPT)	Out of Programme Experience (OOPE)	Out of Programme Career Break (OOPC)	Other
Allows a flexibility in both the gaining of and consolidating capabilities whilst on OOP-P, where trainees can demonstrate these upon return to training and have them approved at ARCP	Placement must be pre-approved with defined capabilities	Any capabilities gained cannot be considered upon return	Allows a break from medicine if desired, which trainee may find appropriate in terms of wellbeing	For some trainees contemplating a break, PSW and OH support may be more appropriate than going OOP
Trainees do not need to remain subject to curricula requirements and won't be required to undertake WBAs. Any capabilities acquired that can contribute to training would only be assessed on return if they had been acquired in a way that were consistent with the requirements of the curriculum. There is a risk that on assessment capabilities will not be counted	Trainees do not need to remain subject to curricula requirements, however they must remain within the remit of the OOP-T approval		Trainees will be completely out of medicine	
The need for a return to training program will be determined by discussion with their Educational Supervisor	No formal return to training programme needed		Formal program for return to training required	
Trainees would be able to undertake 1 year of OOPP under this specific iteration of the pilot	As per usual guidance	As per usual guidance	As per usual guidance	