

Out of Programme Pause (OOPP)

What is OOPP?

- Out of Programme Pause (OOPP) is a new form of “out of programme” initiative that is currently being piloted across HEE in post-graduate medical training. The scope of the pilot has been supported by the General Medical Council (GMC).
- OOPP allows trainees to step out of formal training for up to 12 months to undertake an NHS or other patient facing UK based non-training post. This flexibility initiative will be a vital tool in supporting trainee wellbeing.
- OOPP also gives trainees the opportunity to have any capabilities gained whilst out of training assessed upon their return to the training programme, and these may contribute to their Certificate of Completion of Training (CCT). This would be subject to the agreement of faculty and Annual Review of Competency Progression (ARCP) panels that these capabilities have been demonstrated once back in training.

