

Academy of Public Health (London and South East) News Bulletin June 2017

Welcome to the third edition of the Academy of Public Health (London and South East) News Bulletin.

Academy Steering group member in focus: Rachel Wells



Rachel is a Consultant in Public Health in the public health team that services the London boroughs of Barnet and Harrow after working in a range of levels of the NHS and Government. Rachel's portfolio includes health intelligence, expert advice to planning, regeneration and growth, and the built environment amongst other areas. She has also led the development of a new leisure contract for Barnet which focusses on public health outcomes, a unique approach in which there has been much interest in the industry. Rachel is an educational supervisor and Training Programme Director for the public health speciality training scheme; she has a keen interest in how the skills and experience of public health develops in different settings and how these are changing. This is one of the reasons Rachel is interested in the Academy.

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Investment Plan

A summary of our investment plan 2016-20 will be published soon on our Academy of Public Health [webpage](#). The investment plan will detail our vision, the four overarching programmes and what we are going to deliver:

1. Scaling up good practice in prevention and population health to build skills fit for the 21st Century
2. Systems leadership for better health outcomes
3. Optimising delivery of joint local plans for prevention
4. Thinking healthy communities

A **Public Health Practitioner Introductory Event** is taking place on Friday 30 June 2017. For further details or to attend the event please contact: Kathryn Rowland, Practitioner Scheme Coordinator for London via: Kathryn.rowland@kent.gov.uk

Childhood Obesity Exchange

The Public Health Academy for London, Kent, Surrey and Sussex has supported the commissioning of Improving Performance in Practice (iPiP) to deliver a series of learning events on childhood obesity.

The events covered the following themes:

1. Introduction to systems thinking and framing the childhood obesity issue to make it 'everyone's business'
2. Understanding and working with cultural insights and social norms across different ethnic communities
3. Adapting the environment to encourage and enable increased physical activity
4. Enabling a healthier food offer with good business at a local level

The Ideas Exchange on Wednesday 12 July (9.30am – 1.30pm) is the final event of the London Childhood Obesity Exchange series. This event will bring together professionals working in different roles, departments and London boroughs to share and develop ideas to put a whole systems approach to childhood obesity into practice in London. For further details or to secure your place please contact Barbara Ireland: bireland@ipip.co.uk.

Tools, resources - including videos of key note speakers and case studies will be made available to all.

Supporting our system leaders

The Leadership Centre, on behalf of the Academy of Public Health, have begun work to identify:

1. Who our system leaders and enablers are to improve health and wellbeing outcomes
2. What support / educational interventions already exist or are needed to successfully build system leadership capability

The project includes desk research, interviews and two workshops (27 July 2017 and 09 August 2017).

If you would like to take part or have any suggestions please get in touch at:

PublicHealthAcademy.ncal@hee.nhs.uk.

For more details and further information about the Academy of Public Health please visit the [website](#). Key Academy documents will be made available on this website. To receive this bulletin regularly please email [Public Health Academy](#)

Developing people for health and healthcare