



Health Education England



Population Health Fellowship Newsletter July 2022

Welcome to Health Education England's Population Health Fellowship Newsletter

Our aim is to provide stakeholders with updates and key messages around the fellowship programme as well as other population health related work led by the Long Term Conditions and Prevention Programme in HEE.

In this newsletter...

Cohort 2

Update on Progress

Dr Samuel Moody Blog

Cohort 3

Delivery Update

Alex Drago Reflects

Sharing Success

Read what Dr Yeyenta Osasu (Cohort 1) has been up to since completing her fellowship

Dr Anna Moore's (Cohort 2) new role

Veronica Blanco Gutierrez (Cohort 2) new role

Key Dates

Cohort 3 launch on 6 September 2022

Population Health and Health Inequalities Conference on 11 October 2022

Update on Cohort 2

Our fellows are now approaching the end of their fellowship journey. Final presentations took place on 5 and 19 July where fellows presented on their learning and projects.

Each fellow was also asked to produce a poster showcasing the project they have been working on with their host site. Final Posters will be available to view on our programme webpage¹ from October.

Blog by Dr Samuel Moody

Samuel is an Internal Medical Trainee working across various sites around the North of Manchester. While on the fellowship, Samuel is hosted by Northern Care Alliance & Bury Council. Click here² to read his blog about his time on the fellowship and his project.



Cohort 3 - Progress update

Throughout April and May, our regions have been working with hosts to select fellows onto Cohort 3.

We are working in partnership with our Yorkshire and Humber region to deliver the learning programme for Cohort 3 and the induction day on 6th September 2022 will formally launch this

¹<https://www.hee.nhs.uk/our-work/population-health/population-health-fellowship-0>

²<https://www.hee.nhs.uk/our-work/population-health/population-health-fellowship/blogs-interviews/blog-samuel-moody>

cohort of fellows. Read more on Alex Drago's reflections on the delivery of the learning programme in the next section.

Further information can be found on the programme website page³ or by e-mailing us at populatonhealthfellows@hee.nhs.uk⁴.

Delivery of Cohort 3 Learning Programme - Introduction and Reflections by Alex Drago



I'm Alex Drago, a Programme Manager with the Yorkshire and Humber School of Public Health. I've spent most of my career working in learning, notably in the museums sector, although I've also worked across local and national government, so am familiar with the challenges associated with policy change, organisational transformation, and stakeholder engagement.

Given my background, it's no surprise that when the opportunity came up to lead on the delivery of the learning programme for the Population Health Fellowship, I jumped at the opportunity. Not only is learning close to my heart, but the programme also allows the school to contribute its collective expertise and wider partnerships to contribute to the fellowship too.

³<https://www.hee.nhs.uk/our-work/population-health/population-health-fellowship-0>

⁴<mailto:populatonhealthfellows@hee.nhs.uk>

In recent years, policy support for population health has increased, which has helped to move it from the margins of the NHS and closer to its core. Naturally, HEE is supporting this change, and the fellowship is one of the ways that HEE is upskilling and empowering NHS staff to succeed in the population health field.

This is the fellowship's third cohort, so the learning programme already has strong foundations. We know it works well, but we're also looking to improve the experience. At present, my focus is on:

- Reviewing the current offer, learning lessons from the external evaluation, as well as from fellow feedback. This includes refining the reading and reflective journal, revisiting some sessions to make improvements, and providing greater clarity over learning outcomes so that fellows better understand where they are on their wider learning journey.*
 - Addressing some of the challenges associated with online learning by looking for solutions that will allow all learning content to be hosted on one platform. This will help to make the programme feel more coherent and unified, as well as easier to manage.*
 - Increasing the range of external speakers to talk to the fellows, both by offering more opportunities for previous fellows to return, as well as inviting other speakers who have had success in their population health initiatives.*
 - Working with the team to support the wider aspiration toward obtaining accreditation for the fellowship.*
-

While there's still a few months to go before the fellowship starts, I'm already looking forward to working with the fellows, guest speakers, as well as the wider fellowship team, to co-create a high-quality learning experience. I'm sure it will be genuinely transformative for all.

Sharing Success



A population health approach to reducing health inequalities: The role of pharmacy - A blog⁵ by Dr Yeyenta Osasu

Dr Anna Moore has been appointed to the first Population Health Education Fellow role at Barts Health NHS Trust. Anna is looking forward to using all learning from this fellowship in a secondary care education setting.

⁵<https://www.hee.nhs.uk/our-work/population-health/population-health-fellowship/blogs-interviews/blog-dr-yeyenta-osasu-0>



Veronica Blanco Gutierrez: The Golden Ticket

"Undertaking this Population Health Fellowship has been a golden ticket opportunity for me to help me grow personally and professionally. This fellowship has provided me with not only new skills, hands-on experience and knowledge of Population Health and its application to a real-life project, but it has also raised my professional profile. I have been trying to secure a doctoral position for a few years, and I believe that this fellowship has been paramount in helping me achieve my long-awaited dream. I have been fortunate enough to have received several offers, and I am so excited and proud to say that I will be starting an EPSRC Centre for Doctoral Training in Digital Health and

Care in September at the University of Bristol. Throughout this doctorate, I will keep Population Health at the core of my project: a web-based perinatal bladder health promotion programme to raise awareness of bladder health, improve the reports of pelvic floor dysfunctions and empower women to self-diagnose and self-manage urinary incontinence during and after pregnancy.

If you are a clinical practitioner interested in Population Health and aiming to broaden your horizons, I cannot recommend this fellowship highly enough."

'Population Health and Health Inequalities: supporting the workforce, now and in the future' conference

*Health Education England's National Long Term Conditions and Prevention Programme will be hosting a **'Population Health and Health Inequalities: supporting the workforce, now and in the future'** conference on Tuesday **11th October 2022** in London.*

The purpose of the conference is to bring together key stakeholders and those with an interest in improving workforce capability to improve population health and health inequalities to facilitate an opportunity to learn about new and emerging roles in population health and health inequalities and to find out about the latest education and training resources in this area.

Registration for the conference can be found [here](#)⁶.

⁶<https://www.hee.nhs.uk/our-work/population-health/population-health-health-inequalities-supporting-workforce-now-future>