

# Thinking of getting back to your profession?

If you have taken a career break from the NHS, social care, education or charity sector, returning to practice with the support of NHS England is easier than you think.

[#iamreadytoreturn](#)



**The team at NHS England are here to talk to and support anyone who is considering returning back to their career in health, social care, education or the charity sector.**

This programme is for anyone in England who may once have been, or previously trained as an Allied Health Professional, Healthcare Scientist or Practising Psychologist. The Health and Care Professions Council regulates these professions and you will need to be registered with them to return to your profession.

The workforce needs more professionals like you to return to practice to support quality care provision in NHS, social care, education and charity settings.



### **Do I have to start my training again from the beginning?**

No! The Health and Care Professions Council recommends these minimum requirements to update your skills:

- 0-2 years out of your profession – no requirements
- 2-5 years out of your profession – 30 days of updating your skills and knowledge
- 5 years or over out of your profession – 60 days of updating your skills and knowledge.

### **How do I complete my updating?**

Your updating can be a combination of;

- Private study like reading an article relating to your profession. We can give you access to free e-learning resources
- Formal study - usually a course where you get a certificate at the end such as a University module, or a short course run by a company
- Supervised placement - time spent in a setting in which you wish to work once you are back on the HCPC register.

### **Doesn't it cost a lot?**

We have financial support and guidance to help with training and out-of-pocket expenses.

### **What if I need to do a placement?**

We can help you find a return to practice placement if you need one.

**These are just some of the ways we can help you.**



## Where do I start?

**Our team is here to support you. It is natural to feel apprehensive after time away from your profession.**

To start you on your way:

- 1. Scan the QR code** to visit our webpage:  
[www.hee.nhs.uk/AHPreturn](http://www.hee.nhs.uk/AHPreturn)
- 2. Complete the Expression of Interest form** on the website
- 3. Complete the survey** that will be emailed to you
- 4. Receive a welcome email** from the programme with lots of information on how to get started

## Want to chat?

Email us at:

[england.r2pahp-hcs@nhs.net](mailto:england.r2pahp-hcs@nhs.net)

