

Robert Minter

Robert is based at Hull University Teaching Hospitals, read below Robert's case study.

As a therapy assistant in an MSK outpatient department, I have many jobs including assisting physiotherapists and occupational therapists. I also have direct contact with patients who have Ilizarov frames*, Rheumatology conditions, and some with complex needs.

I have always had an interest in physiotherapy and believed becoming a support worker would help me gain the skills, knowledge and confidence to become a physiotherapist in the future. Training and development has helped me become more confident, it has also allowed me to work more independently in my area. I have also become a member of the CSP support worker reference group to help increase the voice of support workers and show what we can achieve.

My Trust offered me the opportunity to undertake a Level 5 Foundation Degree Apprenticeship which has increased my skills and knowledge.

If you're considering becoming an AHP support worker, give it a try. There are many teams and settings to work in. The satisfaction of seeing patients get better and knowing you contributed to that is the best feeling of all. If you are unsure about becoming an AHP support worker, talk to us or shadow us. We can show you and answer any questions you may have.

*used in orthopaedic surgery to lengthen or reshape limb bones; as a limb-sparing technique to treat complex and/or open bone fractures; and in cases of infected nonunions of bones that are not amenable with other techniques.