

## Samantha Eyre-Williams

### **Samantha is based at Betsi Cadwaladr University Health Board, read below Samantha's case study.**

I have been a dietetic assistant for four years, I have trained care homes on MUST and food first, I have completed home visits for the dietitians and reviewed patients – ensuring they are happy with me coming.

I covered one of the COVID wards and implemented our COVID pathways and care plans to ensure the patients were given the best care possible, I work alongside the prescribing support dietitian to ensure all patients are prescribed supplements appropriately and safely – this has been more challenging during COVID as there have been a lot of inappropriately prescribed products with a lot of patients needing a specialised level appropriate supplement.

Recently trained as patient and carer champion for BCHUB, Also I am taking part in the BCUHB Be Proud staff engagement pioneer programme to help build the team to be the best team possible.

I previously worked as a mental health support worker for eight years and then as a slimming world consultant and saw the job role advertised and was really interested in a complete change in career. Working alongside the dietitians is really interesting, I have learnt a lot on the job and continue to learn every day. We treat each other as equals and our ideas and suggestions are just as equally valued as the dietitians.

There isn't just one thing I am proud of, I am proud to work for an amazing team, I am proud I get to train care homes and go out and meet other staff and patients, I am also proud that I feel like a team we are making a massive difference to patients and the experiences they receive.

There is so much opportunity for growth and development as a dietetic assistant, and so much variety of different specialties to go into. No day as a dietetic assistant is ever the same.