



Sepsis





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Sepsis is a rare but serious complication of an infection. It is a condition which can be serious because it can lead to organ failure and even death if left untreated. This is why early detection is important.



Signs and Symptoms

- High or low temperature
- Fever
- Tachycardia
- Shortness of breath

Septic shock is a severe progression of sepsis and manifests itself as low blood pressure.



Other signs and symptoms

- Confusion
- Clamminess
- Diarrhoea
- Nausea and vomiting
- Muscle pain
- Low urine output



Ward Based Management

- If there is a wound, swab and send for microscopy, cultures and sensitivity
- Take a sputum sample if there's a productive cough
- Urine and stool sample
- 15 minute physical observations
- Call the doctor