

‘A’ for Adjustment Framework - Session 5 – ‘A’ is for Actions approx 45 – 60 mins

Suggested Timings	Activity	Content	Resources
	Facilitator	<p>Overview and style of session The session is participative and interactive and will involve group discussion, exercises, self-reflection and sharing best practice. These sessions are intended to encourage reflection and drive positive change and good practice in the way people with a learning disability are supported to access services and achieve equitable health outcomes.</p> <p>Please note that the legislation and the principles throughout these 5 training packages apply to people with a learning disability who may or may not also have autism, although they will also be relevant to support autistic people who do not have a learning disability and to all disabled people.</p> <p>Actions – Guidance for staff on what to do and where to get help in response to individual needs and concerns; includes suggestions on how to improve future responses and follow up actions.</p> <p>Select activities based on knowledge and skills of the audience/time available/job roles. Consider using techniques such as reflective questioning, group work and role play to stimulate discussion and learning.</p>	Slide 1-2
10 mins	Facilitator	<p>Involving family and carers – reference the legal obligations as well the value and benefit</p>	Slide 3 Slide 4

		Who else to involve? Highlights the benefits of involving specialist workers	
10 mins	Facilitator	<p>Information Easy read and accessible information – where to find easy read?</p> <p>Sharing information – NHS Accessible Information Standards 2016 Draw attention to the Summary Care Records and the Reasonable Adjustment Flag and the need to identify, record, flag and share.</p> <p>Highlight the importance of providing information for care and support staff.</p>	Slides 5-7 Handouts
5 mins	Facilitator Group Exercise	<p>NHS Improvement Standards The standards have been developed with a number of outcomes created by people and families – raise awareness of health and care staff responsibility under the standards to improve care.</p>	Slide 8
15 mins	Facilitator Group discussion	<p>Difficult conversations – reflect on previous learning about Rights, Communication, Capacity and Values learning.</p> <p>Having conversations with care and compassion including difficult subjects such as death, dying and resuscitation</p> <p>Discussions - think of a time when you've had a difficult conversation What did you learn? What would you do differently?</p>	Slide 9

15 mins	Facilitator Group exercise	<p>Case study discussion – connect the issues arising in the scenarios to the learning</p> <p>Use the case studies to encourage reflection on the learning and impact of A for Adjustments</p> <p>What will be done differently as a result of the learning? How to apply the learning in the workplace?</p>	Slide 10 Case study handout
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