

## ‘A’ for Adjustment Framework - Session 2 – ‘A’ is for Adjusted Care – approx 45-60 mins

Suggested Timings	Activity	Content	Resources
	Facilitator	<p><b>Overview and style of session</b> The session is participative and interactive and will involve group discussion, exercises, self-reflection and sharing best practice. These sessions are intended to encourage reflection and drive positive change and good practice in the way people with a learning disability are supported to access services and achieve equitable health outcomes.</p> <p><b>Please note</b> that the legislation and the principles throughout these 5 training packages apply to people with a learning disability who may or may not also have autism, although much of the resource will be relevant to others e.g. autistic people, people living with dementia.</p> <p><b>Session Two - Adjusted Care</b> – An introduction and overview of the Equality Act and the statutory duties</p> <p><b>Select activities based on knowledge and skills of the audience/time available/job roles. Consider using techniques such as reflective questioning, group work and role play to stimulate discussion and learning.</b></p>	Slide 1-2
10 mins	Facilitator	<p><b>Introduce the legislation and guidance</b></p> <p><b>What does personalised care mean to you?</b></p>	Slide 3

	Group discussion and feedback		Slide 4 – pens, flipchart or paper
10 mins	Facilitator	<p><b>Overview of legislation in the context of people with a learning disability</b> – explain that the handout includes an overview so need to take notes, unless people choose to. Highlight that making adjustments isn't just the right thing to do, it's also the law.</p> <ul style="list-style-type: none"> <li>• Equalities Act 2010</li> <li>• Human Rights Act 1998</li> <li>• Mental Capacity Act 2005</li> </ul> <p><a href="http://www.nhs.uk/conditions/mental_capacity_act">www.nhs.uk/conditions/mental_capacity_act</a></p> <p><b>NHS Accessible Information Standards/Reasonable Adjustment Flag/NHS Long Term Plan</b></p> <p>Watch the 5 minute video where people with a learning disability tell us about flagging and sharing information Digital Flagging - Sharing information about reasonable adjustments</p>	<p>Slides 5-7 Handouts</p> <p>Slide 8</p>
10 mins	Facilitator  Group Exercise	<p><b>Discuss differences between physical and personal adaptations.</b></p> <p><b>Read the slide Equality vs Equity and discuss any impact of the visual.</b> Ask the group if they can think of any examples where equality is addressed but equity is missing.</p>	<p>Slide 9</p> <p>Slide 10</p>

15 mins	Facilitator  Group discussion	<p><b>Treat Me Well exercise</b> - <a href="#">Treat Me Well - reasonable adjustments video</a></p> <p>Split into smaller groups if numbers allow. Give the groups 10 mins to discuss and feedback:</p> <p>List up to 3 adjustment examples that they currently make?</p> <p>How are these recorded and shared?</p> <p>Any reflections on how this has worked well or not so well?</p> <p>What needs to change?</p>	Slide 11 Handouts
5 mins	Facilitator  Group exercise	<p><b>Summarise the session against the learning outcomes.</b></p> <p><b>Encourage reflection and next steps using the optional Take Action sheet.</b></p>	Slide 12



*This learning resource was commissioned by Health Education England working together with the National Development Team for Inclusion and Skills for Care - August 2020.*