Look to the HEE Star to help your workforce to be winter ready

Supporting providers to manage winter pressures

Increased demand on healthcare services during winter means we need to maximise the contribution of the workforce throughout this busy time.

The HEE Star can provide vital support, with over 120 potential solutions to workforce challenges, lots of new and updated content, and a wide range of offers, products, and resources to equip the health and social care workforce to deal with immediate and ongoing winter pressures, or support longer-term winter planning efforts.

To find out more take a look at the HEE Star on our website, and search *winter* within the Star search function to view all related content (listed below).

Find recently added resources by searching *new_content* or *updated_content*.

Star offers that may help with immediate or imminent winter pressures

Training/e-learning packages

- Care and treatment reviews - introduced to prevent unnecessary admissions into hospital for children and adults with learning disabilities, and support the development of clearly specified intended treatment outcomes and a discharge plan where people do need to go into hospital
- Falls prevention- an interactive e-learning resource aimed at preventing inpatient falls
- Flu Immunisation - a resource designed to provide all healthcare practitioners involved in delivering the national flu immunisation programme with the knowledge they need to confidently promote high uptake of flu vaccination and effectively deliver the vaccine programme
- Hydration Management Training Programme - a training programme for staff to assess and manage hydration risk in patients and to routinely educate patients and their carers to self-manage their hydration. Find out more by searching **Hydration Management** within the Star
- Patient group directions - to support people and organisations who are considering, developing, authorising and using patient group directions (PGDs) to deliver NHS services
- Supporting self-care e-learning - e-learning designed for healthcare professionals supporting people with long-term conditions
- Antimicrobial resistance (AMR) training resources and e-learning - to promote awareness, encourage those prescribing, dispensing and administrating antibiotics to do so with an understanding of AMR, and ensure it is included in the preventing, management and control of infection curricula for human medicine, nursing, pharmacy, dentistry and other professionals

- Sepsis awareness and Think Sepsis e-learning - designed to help clinicians spot the early sign of sepsis in children and infants
- We need to talk about suicide - an online resource specifically available to support volunteers and health care professionals who don't specialise in mental health care
- Hospitals at night - a web-based resource to support the training of junior doctors, and other health professionals involved in the delivery and support of out of hours care

Tools/resources

- Care Home Companion App - to support care home staff with basic care/keeping people well.
- Health Literacy Toolkit - a suite of resources that will be helpful in raising awareness of health literacy and upskilling the health, care and wider public health workforce
- Making Every Contact Count - a website and range of resources to support health and social care staff to use opportunities arising during routine interactions with patients to discuss how they might make positive improvements to their health or wellbeing
- Mental health in primary care - train the trainer toolkit to assist providers of primary care services to upskill their workforce in mental health and wellbeing
- NHS 111 Blueprint - a range of guidance and signposting documents developed to ensure that there is a sustainable and optimal Integrated Urgent Care call centre workforce
- Six Steps to Success - a facilitator's resource pack to support training for care home and domiciliary care staff - based on the six steps described in the 'Route to Success' and offers training resources for workshops.

Frameworks

- Frailty Core Competency Framework - identifies and describes the skills, knowledge and behaviours required to deliver high quality, holistic, compassionate care and support
- Self-harm and Suicide Prevention Competence Framework - three parallel frameworks for children and young people, adults and older people, and the public, which describe the various activities that need to be brought together to support people who self-harm and/or are suicidal

Star offers to support medium to longer term winter planning

Training/e-learning packages

- An introduction to Business Continuity - e-learning package about building and improving organisational resilience, identifying key services and the most urgent roles and actions that underpin them in the event of an incident
- Demand and capacity - an introductory e-learning package to aid better understanding of demand and planning sufficient capacity so that patients do not have an unnecessary wait for treatment
- Building community capacity - aimed at health visitors, a self-directed e-learning package, supported by web-based resources. Run over a 24-week period, learning usually takes place in practice and involves carrying out a work-based project through to completion
- Advance Care Planning - a free online open-access educational programme designed for Care Homes, Nursing Homes, and community settings designed to equip staff u with the knowledge and skills needed to start discussing the concerns, preferences and wishes of

patients, residents or other users of health and social care as they come to the end of their lives

- Mental Health Awareness programme - a short e-learning to raise the awareness of mental health amongst health care staff
- Physical and Mental Health Assessment (FIREMAPP) - to aid awareness of complexities at mental/physical health interface
- Recognising and Assessing Medical Problems in a Psychiatric Setting (RAMPPS) - simulation-based training

Tools/resources

- Better conversations health coaching - guidance to develop health coaching training for clinicians in supporting people to manage their own health, wellbeing and care.
- Care Homes Specialist Nursing Development Programme - resources & toolkit to enhance the competence of registered nurses. Search the Star to find out more.
- Improving patient enablement and continuity of care - creating a culture of patient enablement in hospital, through enhancing professional and organisational interfaces and education. Find out more by searching **Patient Enablement** within the Star.
- Specialist and Associate Specialist (SAS) Development and Retention Toolkit **-** to improve retention of SAS doctors in Emergency Departments.

Deployment of new roles/new ways of working

- Multi-professional Advanced Clinical Practice - healthcare professionals educated to Masters level in, and have developed the skills and knowledge to allow them to take on, expanded roles and scope of practice caring for patients. Take a look at a range of resources by searching **ACP** within the Star, or on the HEE website.
- Pharmacy Education for the Primary Care workforce - implementing a fresh approach to supporting and developing the primary care workforce, through pharmacy education for integrated care and medicine optimisation in general practice
- Physicians Associates in primary care/ED/acute medicine - healthcare professionals with a generalist medical education, who work alongside doctors and provide medical care as an integral part of the multidisciplinary team. Take a look at a range of resources available by searching **Physician Associate** within the Star, or on the HEE website.
- Rotating Paramedics and the Paramedics in Primary Care Toolkit - looking at new ways to train and deploy paramedics to meet a particular population's need.

For further information about how HEE can help support with workforce challenges get in touch with us at transformation@hee.nhs.uk.

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