

**The Power of**

*Choosing*



*Kindness*

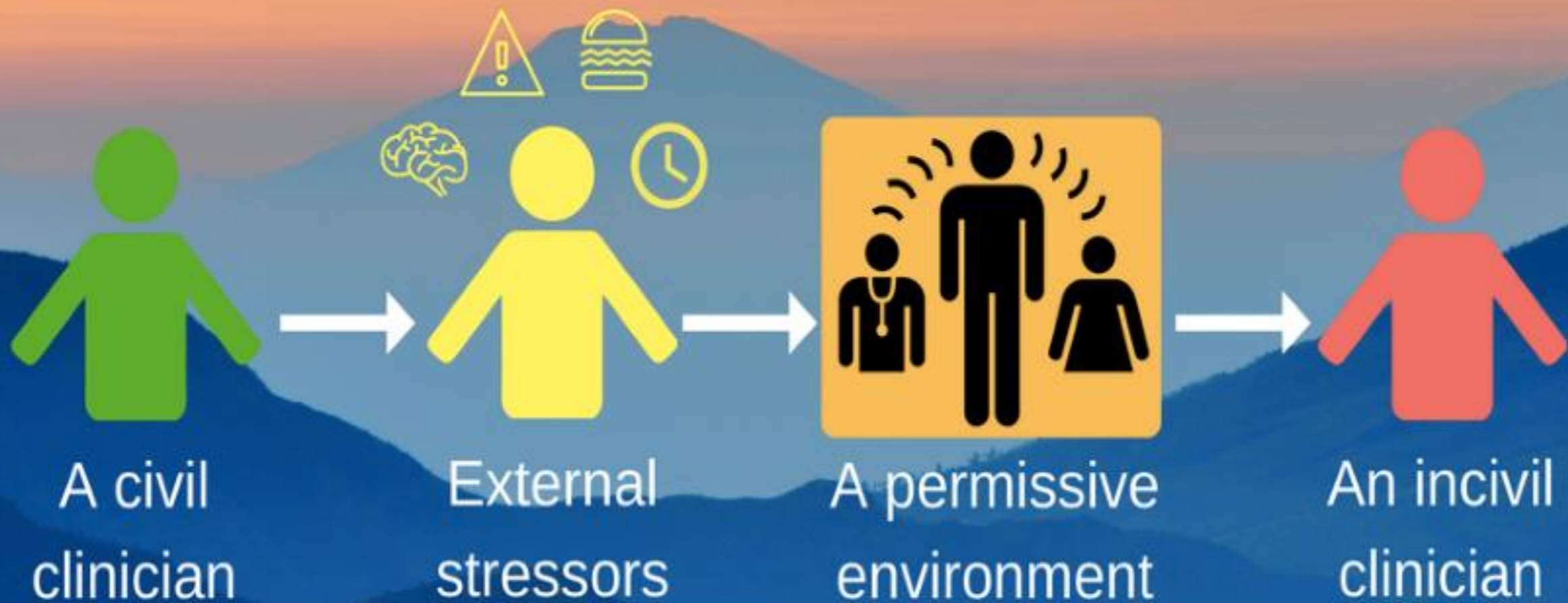


civilitysaveslives.com



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# EVOLUTION OF INCIVILITY



*Kindness*

**Matters**



**Incivility is contagious - stop the spread!**

<http://einkelleher.com/portfolio/incivility/>

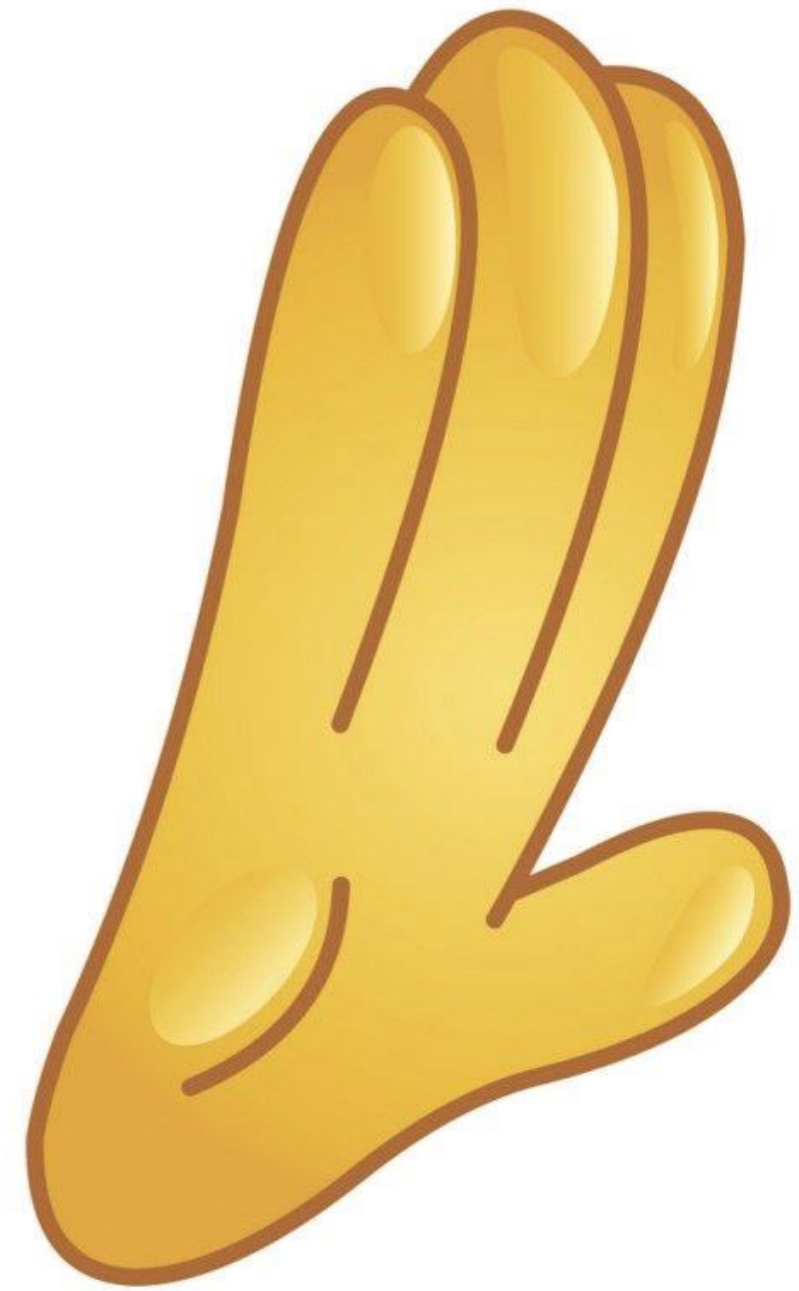


# ***Leading Causes of Death***

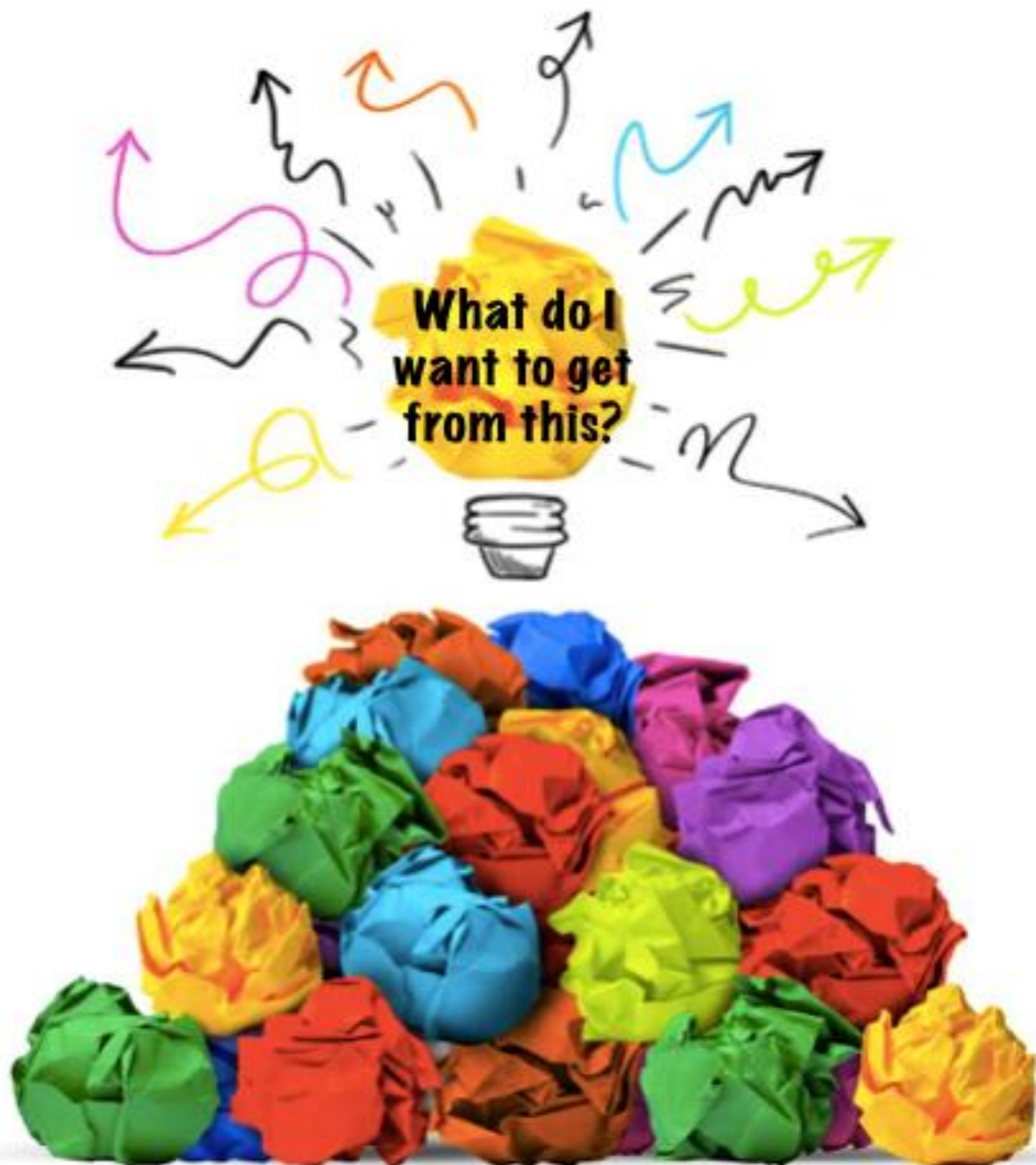
**1** Heart Disease

**2** Cancer

**3** Medical errors









# What is Kindness?



**How do I show  
kindness at work?**

**What are the  
barriers to  
Kindness?**

**What stops us  
being kind at  
work?**

**How do we  
overcome the  
barriers to  
Kindness?**





BE KIND

WHEN  
EVER

possible.  
~ the DALAI LAMA

IT is  
ALWAYS  
POSSIBLE."

TINA

15 seconds



30 minutes



**CIVILITY SAVES  
LIVES**

**NHS**



in a world  
where you can  
be anything.  
BE KIND.