

Health Education England

Training Recovery Update

3rd September 2021

Dear Colleagues,

'How can training recovery be achieved in practice?'

The key to unlocking novel training recovery solutions and finding better ways for postgraduate doctors in training to both catch up on missed opportunities and to learn in the future, is the willingness across health and care to work collaboratively despite our many challenges and differences. This has been a key element in the success we have had in [enhancing the working lives of doctors in training](#), as reported earlier this year.

HEE and our partners are working together to unify service and training recovery to enable collaborators across the system to develop best practice in training solutions and to share these across the system to deliver improvements at pace.

Earlier this year, HEE provided circa £12 million to trusts in England to assess trainees' learning and wellbeing needs and to support trainers and trainees with individual training recovery plans.

The funding has been used by Directors of Medical Education (DMEs) to fund wide-ranging recovery solutions, including courses, additional training clinic and theatre time, drop-in educator sessions, simulation and train the trainer sessions. These targeted interventions will address issues from lost training time, boost exam capabilities, develop procedural and consultation skills, and support trainee welfare.

We are keen to share what is happening on the frontline to support trainees, and have developed a catalogue of best practice case studies on our [HEE Learning Hub](#), which you may find interesting and useful.

In addition to this work, there is an increasing recognition that training recovery 'is everyone's problem, and everyone needs to be part of the solution'. With this in mind, the Joint Committee on Surgical Training (JCST) has issued [guidance](#) on maximising training opportunities. The document provides suggestions for optimising surgical training across wide-ranging settings, with the main messages being:

- This is everyone's problem: everyone needs to be part of the solution
- There is no case that is not a training case
- There is no operation that a trainee cannot do at least part of
- Training in all areas, not just operative skills, needs attention

It also links to the JCST #NoTrainingTodayNoSurgeonsTomorrow campaign.

Useful resources like this are being collated in one place on the [HEE Learning Hub](#). We are keen to share any initiatives you have in this area with the healthcare system too. Please do send your ideas to us so that together we can provide trainees with as much support and advice as possible.

Best Wishes



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