



Tier 1 Dementia Awareness Training

Unit 3



Developing people
for health and
healthcare



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Unit 3

Understanding the person with dementia

“It is important for people to remember that the person with dementia was once somebody who did a job, raised children, ran businesses.”

A Healthcare Assistant, Acute General Hospital



Welcome to Unit 3

- Unit 2 focused on what it means to live with dementia and it gave you the opportunity to develop an insight into the lived experience of people with dementia and their carers.
- Unit 3 will build on what you learned in Unit 2 by raising your awareness about what it means to be person-centred.





Objectives of the Unit

By the end of this unit, you will be able to:

- Explain what it means to be person-centred
- Describe the experiences of some people who are living with dementia
- Explain person-centred approaches that can be used with people with dementia
- Discuss the importance of culture in person-centred dementia care



Pause & think: What does it mean to be a person?





Personhood

- To improve the care & experience of an individual with dementia, care should be geared to promoting personhood.
- Dementia affects a person's cognitive functioning (memory, orientation, problem solving, comprehension & planning), but personhood is more than just those abilities.
- People with dementia are still **Fred**, **Mary** or **Rachel**, each with unique identities, needs & preferences.





Video Presentation

The importance of knowing the person with dementia

Barbara's Story Part 1

This video shows us what happens when we do not understand the needs of the person with dementia.

[Barbara's Story - Her experience of attending a hospital appointment](#)

13 minutes



Person-centred approaches





Person-centred approaches

"I believe in God and my faith is important to me"

"Please respect my end of life wishes"

"I can only eat halaal meat, so please make sure that I am able to have it"



"I am proud that I served Queen and country"

"I was born in Italy. I dram and feel in Italian and I have lost the ability to speak English. Please keep communicating with me"



Pause & think

What do we mean when we use the word
“culture”?





Pause & think

What do we mean when we use the word “culture”?





Review of Unit 3

At the end of this unit, you should be able to :

- Explain what it means to be person-centred.
- Describe the experiences of some people who are living with dementia.
- Explain person-centred approaches that can be used with people with dementia.
- State the importance of culture in person-centred dementia care.

Useful Dementia Apps

Free in the Apple App Store:

- Sea Hero Quest – Glitchers Ltd (2016)
- Dementia Guide for Carers and Care Providers – Text Matter Ltd (2016)
- MindMate – Empowering People with Dementia – MindMate (2016)
- Understanding Dementia for Care & Support Workers v.2 – by Scottish Social Services Council (2016)
- Dementia: Understanding Stress & Distress v.2 – by Scottish Social Services Council (2016)
- Dementia: Personal Outcomes v.2 –by Scottish Social Services Council (2016)
- Dementia Support – by Swedish Care International (2013)
- Pathways Through Dementia – by Patrica Briggs (2013)



Useful Dementia Apps

Free in the Android Play Store:

- Confusion: Delirium & Dementia: A Bedside Guide – by Confusion App (2014)
- Vascular Dementia Information – by Pachara Kongsookdee (2014)
- Dementia Support – by Swedish Care International (2013)
- Pathways Through Dementia – by Patriona Briggs (2013)
- Fronto-temporal Dementia – by Emanuel Bolachi (2014)
- Lewy Body Dementia – by T. Boonmarkmee (2014)





Some sources of help

- Alzheimer Society: <http://www.alzheimers.org.uk/>
- Berkshire Health Care (2014) Your Dementia handbook: http://www.berkshirehealthcare.nhs.uk/page_sa.asp?fldKey=344
- Carers of people with dementia: <http://www.healthtalk.org/peoples-experiences/nerves-brain/carers-people-dementia/topics>
- Dementia Action Alliance: www.dementiaaction.org.uk
- Dementia Friends: <http://alzheimers.dementiafriends.org.uk/>
- Dementia UK: <http://www.dementiauk.org/>
- Dementia Services Development Centre: <http://dementia.stir.ac.uk/>



Some sources of help

- Dementia Web Oxfordshire DAA:
<http://www.dementiaweboxfordshire.org.uk/>
- Improving Dementia Education and Awareness (IDEA):
<http://idea.nottingham.ac.uk/>
- Young Dementia UK: <http://www.youngdementiauk.org/>
- Social Care Institute for Excellence (SCIE):
<http://www.scie.org.uk/socialcaretv/topic.asp?t=dementia>
- Skills for Care (2014) Better domiciliary care for people with dementia Best practice case studies from domiciliary care employers developing their workforces to support people with dementia. Leeds: Skills for Care: <http://www.skillsforcare.org.uk/Document-library/Skills/Dementia/Better-domiciliary-care-for-people-with-dementia.pdf>



Evaluation - Now what?

- After completing this Dementia Awareness Training Unit, one thing **I will do from now on is.....**
- One thing **I will stop doing** from now on is.....



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