

Tier 1 Dementia Awareness Training Unit Delivery Plan

Unit 4: How does dementia affect the person and those around them?

Organisation:

Number of participants in the group:

Date:

Duration of Session:

Venue:

Key words: impact of dementia, diagnosis, behavioural and emotional aspects of dementia.

Aim:

Unit 3 introduced you to the concept of personhood & it gave you the opportunity to learn about some person-centred approaches that can be used when caring for people with dementia.

Unit 4 will build on what you learned in Unit 3 by raising your awareness about how dementia affects the person & those around them.

Objectives of the unit:

By the end of this unit, the participants will be able to:

- ✓ Explain the impact of dementia on people
- ✓ Describe how some people may feel after being diagnosed with dementia
- ✓ Discuss reasons why people with dementia may sometimes show signs of distress
- ✓ Explore behavioural and emotional aspects of dementia

A note to the trainer:

This lesson plan must be read in conjunction with the power point presentation for Unit 4, including the notes pages. Before you start the session, arrive an hour early to set up the room for the training. You will need to check that the equipment is working and that there is internet access.

You need to ensure the health and safety of your participants by checking for Fire Exits and planned Fire Drills or Fire Alarm Testing. The content of this unit can be delivered in 30 minutes. However, you can increase the time to 60 minutes, should you feel that this is appropriate. This explains why this unit delivery plan suggests estimated timings.

Be prepared to welcome your participants and thank them for attending the training. Check that your participants have attended Unit 3 of this training package. Recognise that some people may be experiencing dementia on a personal level and they may be feeling disgruntled about the services they may be receiving.

Be mindful that the use of a video presentation in this training session may act as a catalyst in bringing the experience of living with dementia to the fore. Inform your participants of the emotional nature of dementia and prepare to support your participants during the session.

Be available to provide debriefing to participants who may want to talk to you after the session. Alternatively, be prepared to sign post them to appropriate support. Details are contained within this unit.

Estimated Timings	Content	Facilitator Activity “What the facilitator will be doing”	Participant Activity “What the learners will be doing”	Resources needed
3 mins	<p>Welcome to the Unit</p> <p>Setting of ground rules including disclosure of sensitive information and confidentiality.</p> <p>Link to Unit 3</p> <p>Participant health and wellbeing ~ make yourself available to debrief and to sign post after the session has ended.</p>	<p>Facilitating discussion.</p> <p>Get participants to sign the attendance register</p> <p>Inform the participants about the length of the session, including a short comfort break if it is going to be longer than 30 minutes.</p> <p>Give out Tier 1 Training Evaluation Form for each participant to complete page 1.</p>	<p>Sign the Attendance Register.</p> <p>Listening, participating</p> <p>Completing page 1 of the Tier 1 Training Evaluation Form</p>	<p>Tier 1 Evaluation Forms</p> <p>Pens</p> <p>Flip chart paper, pens, white board</p> <p>Hand outs & other supporting materials which are on a USB Storage Stick. Certificate will be made available at the end of the session.</p>
20 mins	<p>Pause & Think: Video presentation ~ “Getting to know the person with Dementia – Impact of Diagnosis”</p> <p>(17:34 minute video)</p> <p>Audience discussion: (3 minutes)</p> <p>(20 minutes in total)</p>	<p>Facilitator explains: “This is a video that lasts for 17:34 minutes and it is from SCIE TV (Social Care Institute for Excellence) Television.</p> <p>It presents the impact of diagnosis of dementia directly from the people who are experiencing it.</p> <p>After 17 minutes, involve audience in a discussion about what they just viewed.</p> <p>Any lessons learned?</p>	<p>Watch SCIE TV Video entitled: “Getting to know the person with Dementia – Impact of Diagnosis”</p> <p>After watching video, engage in audience discussion about the content of the video.</p> <p>Discuss lessons learned.</p>	<p>Video Link embedded in Power Point Presentation Slide.</p> <p>To open, place cursor on the words “Video Clip”, right click on the mouse and a drop down menu will appear, left click on the mouse on the words, “open hyperlink”. This will take you to video on the website.</p> <p>Alternatively use the MP4 file that has been downloaded on to the USB Stick</p>
5 mins	<p>Present Slides 5 – 9</p> <p>Impact of dementia on the person with dementia</p>	<p>Emphasise that after diagnosis, people with dementia go on a journey.</p> <p>Each person’s journey will be unique, which means that dementia will affect people differently</p> <p>Include reasons why people with dementia might show signs of distress</p> <p>If time permits, engage in a developmental conversation about any experiences that the participants may have encountered.</p>	<p>Listening and participating mentally</p> <p>Participants can make notes using the Unit 4 Activity Sheet if they wish</p>	<p>Power Point</p> <p>Unit 4 Activity Work sheet.</p>
2 mins	<p>Conclude Unit</p>	<p>Complete presentation & review objectives for Unit 4</p>	<p>Verbal feedback</p>	<p>Evaluation Forms</p>

	<p>4</p> <p>Review objectives</p> <p>Sign post to Unit 4</p> <p>Complete evaluations.</p>	<p>Verbal feedback to the group about how it felt for facilitator.</p> <p>Sign post to electronic resources, dementia apps and any relevant dementia support services.</p> <p>Sign certificates. Give out Certificates for Unit 4</p>	<p>Completion of evaluation forms.</p>	<p>On-Line Resources</p> <p>Recommended reading</p> <p>Dementia Apps on iTunes & Android.</p> <p>Certificates for Unit 4</p>
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