



# Tier 1 Dementia Awareness Training

## Unit 7



Developing people  
for health and  
healthcare



# Tier 1 Dementia Awareness Training

## Unit 7

### Living well in society

“This training has prepared me for how to care for my mum.”

Receptionist, GP Practice



# Welcome to Unit 7



- Unit 6 discussed the importance of supporting people with dementia & their carers to stay well. This can be done by developing dementia friendly environments.
- Unit 7 will develop this concept further by focusing on the development of dementia friendly communities. It will raise your awareness about how you can help people with dementia & their carers to live well in society.



# Objectives of the Unit

By the end of this unit, you will be able to:

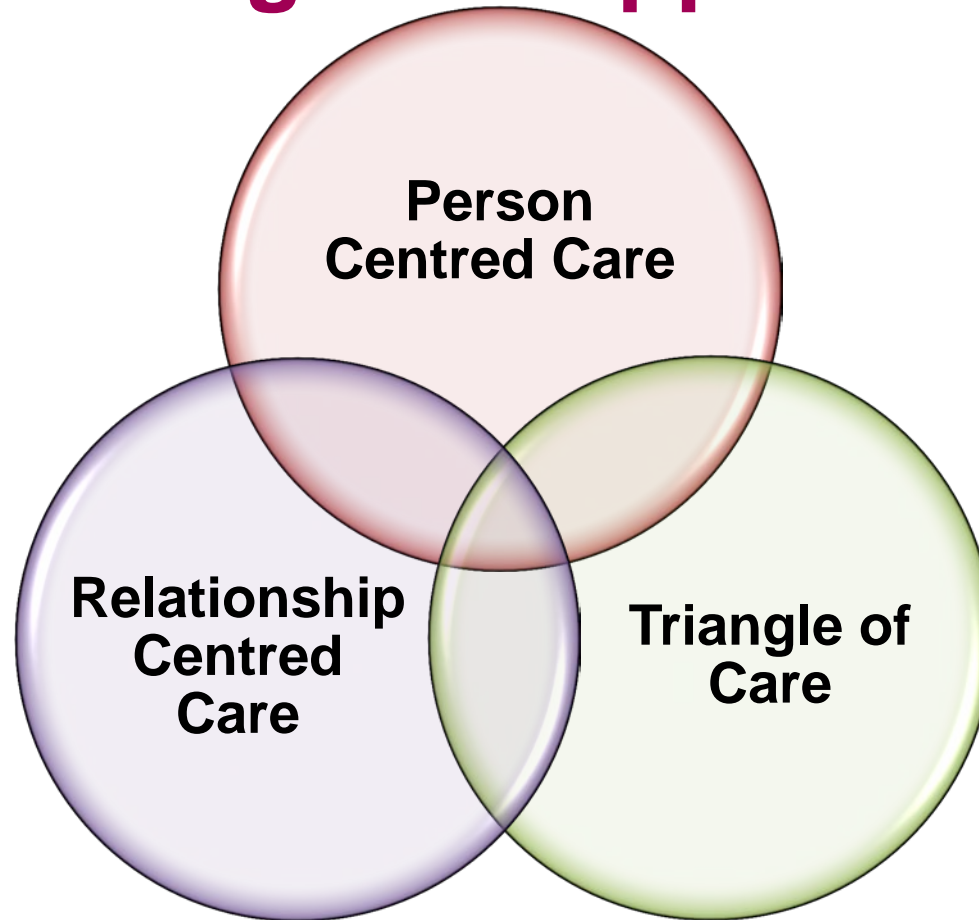
- Explain how we can support people with dementia & their carers in society
- Describe some of the legal provisions that support people to live well in society
- Discuss examples of best practice
- Explore how you can contribute to a dementia friendly society



# Pause & think: What do you think are the principles of good support?

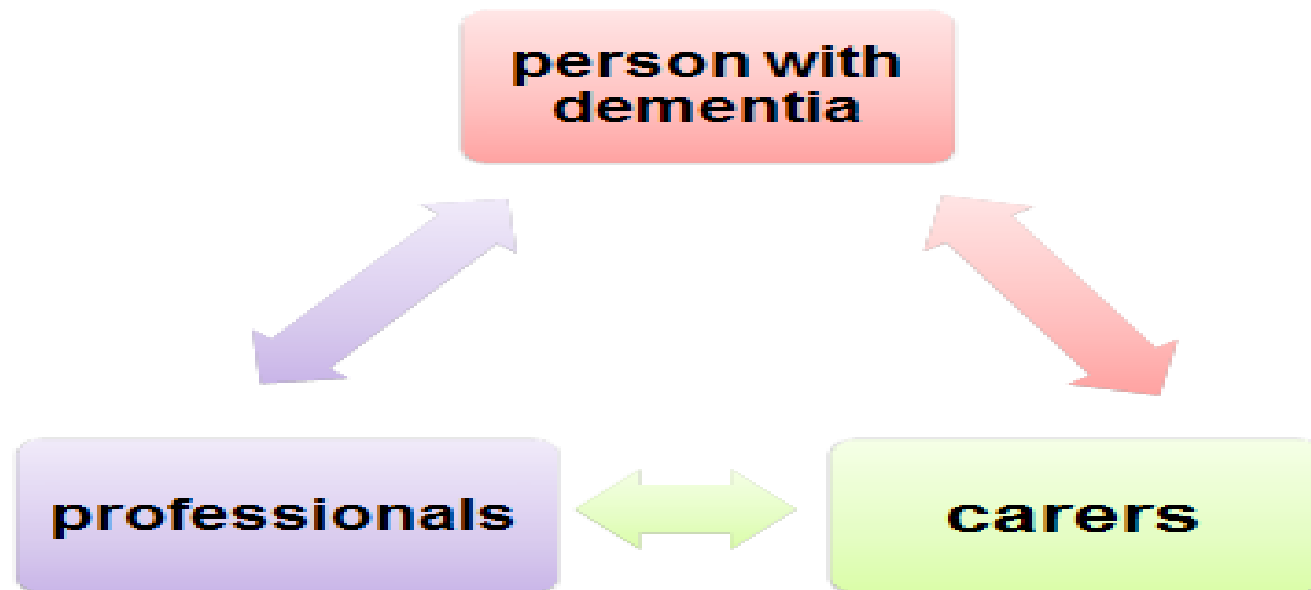
- Person-centred approach
- Inclusion of person with dementia and carer(s)
- Service is 'carer aware'
- Ways of sharing information and confidentiality
- Formal and informal support for carers
- Relationship-centred care
- Maintaining social & emotional connections

# Principles of good support





# Triangle of Care



Hannan et al, (2013)



# Providing support for carers

There are many support organisations available to support carers.

Carers need to be encouraged to access the services that are most appropriate for their needs.

One size does not fit all. It is important to recommend a variety of resources for people to choose from.







# The Mental Capacity Act (2005) as a legal provision

1. Everyone must be assumed to have capacity (unless there is clear evidence to contrary)
2. No treatment until all reasonable steps were taken to obtain informed consent
3. Reason for decision may be 'unwise'
4. If consent is not possible, use principle of 'best interest'
5. Decisions under (4) must be 'least restrictive' to rights and freedoms of person with dementia



# Legal provisions to help people live well

- **Advanced Directives:**
  - Drawn up with full capacity
  - Choice of treatment or refusal
  - Advanced care planning
- **Lasting Power of Attorney :**
  - Someone appointed in advance to make future decisions
  - About personal welfare/health or finance/property



(Brooker & Lillyman 2013)



# Legal provisions to help people live well

- **Court of protection:**
    - Make declarations on a person's capacity
    - Make single decisions
    - Can appoint a deputy
    - Decide if Lasting Power of Attorney is valid
    - Remove inappropriate attorneys
- (Brooker & Lillyman 2013)



# Video presentation

## Best practice example – Lien Foundation



- This short video shows an example of how people with dementia can live well in society.
- After watching the video, please give brief comments about what you saw on the video.
  - [Video Clip](#)
  - 5 minutes



# Review of Unit 7

At the end of this unit, you should be able to:

- Explain how we can support people with dementia & their carers in society.
- Describe some of the legal provisions that support people to live well in society.
- Discuss examples of best practice.
- State how you will contribute to a dementia friendly society?.

# Useful Dementia Apps

## Free in the Apple App Store:

- Sea Hero Quest – Glitchers Ltd (2016)
- Dementia Guide for Carers and Care Providers – Text Matter Ltd (2016)
- MindMate – Empowering People with Dementia – MindMate (2016)
- Understanding Dementia for Care & Support Workers v.2 – by Scottish Social Services Council (2016)
- Dementia: Understanding Stress & Distress v.2 – by Scottish Social Services Council (2016)
- Dementia: Personal Outcomes v.2 –by Scottish Social Services Council (2016)
- Dementia Support – by Swedish Care International (2013)
- Pathways Through Dementia – by Patrina Briggs (2013)



# Useful Dementia Apps

## Free in the Android Play Store:

- Confusion: Delirium & Dementia: A Bedside Guide – by Confusion App (2014)
- Vascular Dementia Information – by Pachara Kongsookdee (2014)
- Dementia Support – by Swedish Care International (2013)
- Pathways Through Dementia – by Patriona Briggs (2013)
- Fronto-temporal Dementia – by Emanuel Bolachi (2014)
- Lewy Body Dementia – by T. Boonmarkmee (2014)



# Some sources of help

- Alzheimer Society: <http://www.alzheimers.org.uk/>
- Berkshire Health Care (2014) Your Dementia handbook: [http://www.berkshirehealthcare.nhs.uk/page\\_sa.asp?fldKey=344](http://www.berkshirehealthcare.nhs.uk/page_sa.asp?fldKey=344)
- Carers of people with dementia: <http://www.healthtalk.org/peoples-experiences/nerve-brain/carers-people-dementia/topics>
- Dementia Action Alliance: [www.dementiaaction.org.uk](http://www.dementiaaction.org.uk)
- Dementia Friends: <http://alzheimers.dementiafriends.org.uk/>
- Dementia UK: <http://www.dementiauk.org/>
- Dementia Services Development Centre: <http://dementia.stir.ac.uk/>



# Some sources of help

- Dementia Web Oxfordshire DAA:  
<http://www.dementiaweboxfordshire.org.uk/>
- Improving Dementia Education and Awareness (IDEA):  
<http://idea.nottingham.ac.uk/>
- Young Dementia UK: <http://www.youngdementiauk.org/>
- Social Care Institute for Excellence (SCIE):  
<http://www.scie.org.uk/socialcaretv/topic.asp?t=dementia>
- Skills for Care (2014) Better domiciliary care for people with dementia Best practice case studies from domiciliary care employers developing their workforces to support people with dementia. Leeds: Skills for Care: <http://www.skillsforcare.org.uk/Document-library/Skills/Dementia/Better-domiciliary-care-for-people-with-dementia.pdf>



# Evaluation - Now what?

- After completing this Dementia Awareness Training Unit, one thing **I will do from now on is.....**
- One thing **I will stop doing** from now on is.....



# Acknowledgements

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