

## Tier 1 Dementia Awareness Training Unit 7 Worksheet

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## Unit 7: Living well in society

Unit 6 discussed the importance of supporting people with dementia & their carers to stay well. This can be done by developing dementia friendly environments.


Unit 7 will develop this concept further by focusing on the development of dementia friendly communities. It will raise your awareness about how you can help people with dementia & their carers to live well in society.

### Objectives of the unit:

By the end of this unit you will be able to:

- ✓ Explain how we can support people with dementia and their carers in society
- ✓ Describe some of the legal provisions that support people to live well in society
- ✓ Discuss some examples of best practice
- ✓ Explore how you can contribute to a dementia friendly society

### Pause & think: What do you think are the principles of good support?

  
Health Education England


### Pause & think: What do you think are the principles of good support?

- Person-centred approach
- Inclusion of person with dementia and carer(s)
- Service is 'carer aware'
- Ways of sharing information and confidentiality
- Formal and informal support for carers
- Relationship-centred care
- Maintaining social & emotional connections

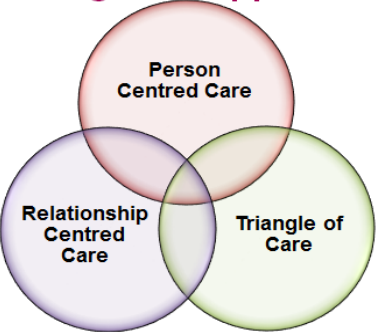
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Write your thoughts here:

### Pause & think: Principles of good support. What do you think about some of the ideas being presented in this diagram?

  
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### Principles of good support



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Write your thoughts here:

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Pause & think: What do you think about the triangle of care?

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### Triangle of Care

Hannan et al, (2013)

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Write your thoughts here:

Pause & think: What do you think about some of the legal provisions for people with dementia?

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### Legal provisions to help people live well

- **Court of protection:**
  - Make declarations on a person's capacity
  - Make single decisions
  - Can appoint a deputy
  - Decide if Lasting Power of Attorney is valid
  - Remove inappropriate attorneys

(Brooker & Lillyman 2013)

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Write your thoughts here:

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### Legal provisions to help people live well

- **Advanced Directives:**
  - Drawn up with full capacity
  - Choice of treatment or refusal
  - Advanced care planning
- **Lasting Power of Attorney :**
  - Someone appointed in advance to make future decisions
  - About personal welfare/health or finance/property

(Brooker & Lillyman 2013)

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## Tier 1 Dementia Awareness Training Unit 7 Worksheet

**Video presentation: Forget us not – Dementia friendly communities in Singapore. What do you think?**



**Write your thoughts here:**