Tier 1 Dementia Awareness Training Unit 5 Worksheet

Tier 1 Dementia Awareness Training Worksheet

Unit 8: How to respond to behaviours that challenge

You have come to the last unit in this Tier 1 Dementia Awareness Training Package. Units 1 – 7 have raised your awareness about dementia, its impact & what you can do to support the person with dementia & their carer to live well.

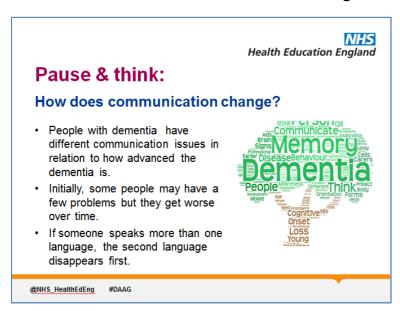
Unit 8 will give you the chance to develop the skill of how to respond to behaviours that challenge. This session must be delivered face to face in a small group setting.

Objectives of the unit:

By the end of this unit, the participants will be able to:

- ✓ Explain why people with dementia may present with behaviours that challenge
- ✓ Describe advanced communication strategies that can be used to respond to behaviours that challenge
- ✓ Discuss the VERA Framework and you can use it when supporting people with dementia

Pause & think: How does communication change as the dementia progresses?



Write your thoughts here:

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Reflect on Unit 5: Communication tips – Take time and focus. How do you think this may help with behaviours that challenge?



Write your thoughts here:

Reflect on Unit 5: In what ways could you improve the way you speak to people with dementia?



Write your thoughts here:

Tier 1 Dementia Awareness Training Unit 5 Worksheet

Reflect on Unit 5: How could you improve what you say when you speak to people with dementia?



Write your thoughts here:

Activity: Effective communication – What you need to know. How do you plan to use the VERA framework when responding to behaviours that challenge?



Write your thoughts here: