enhance
Programme Handbook

NHS England

Wellbeing
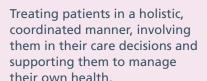Prioritising taking care of yourself and others, with an awareness that strategies to support wellbeing may be unique to everyone.

Leadership
Promotion of compassionate, collaborative and inclusive leadership which focuses on improving health and wellbeing.

Person-centred practice
Treating patients in a holistic, coordinated manner, involving them in their care decisions and supporting them to manage their own health.
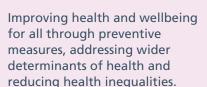
Complex multimorbidity
Working together to optimise care for patients with complex co-morbidity, through shared decision making with patients, carers and colleagues.

System working
Working beyond and across traditional organisational boundaries in integrated and innovative ways to improve health and wellbeing.

Population health
Improving health and wellbeing for all through preventive measures, addressing wider determinants of health and reducing health inequalities.

Social justice and health equity
Promoting a fair and just society and reducing health inequalities, with an ultimate aim of improving health and wellbeing of populations.

Environmental sustainability
Taking responsibility for adoption and spread of sustainable healthcare practices and being an advocate for action on environmental issues.

Digital
Promoting ethical use of digital technology to optimise healthcare outcomes, reduce health inequalities and facilitate collaboration and information sharing.

Transformative reflection
Using critical reflection to reframe and develop our own decision making, cultivating new perspectives on complex, uncertain situations.

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